## Part 6

### Questions 27–32

For each question, write the correct answer.
Write **one** word for each gap.

### The Marathon

Well, the time has finally arrived. I'm running in my first marathon this weekend and I'm really looking forward to it. Over the past 17 weeks I've **(27)** ..... following a training plan. This has included four runs a week, each **(28)** ..... different speeds to improve my overall fitness. Sunday **(29)** ..... been the long run day and I've slowly increased how far I go each week. Some people argue you should try and get as close to the full 40 kilometres **(30)** ..... possible to increase your confidence. However, the long runs have become more and **(31)** ..... painful and I decided to stop at 30 kilometres. I've also been in the gym twice a week, working on strength-building exercises. I think I'm ready for the challenge but of course I won't know for sure **(32)** ..... I cross the finish line. I'll let you know how I get on next week!



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