12 How do you feel?

- Discuss the body and common ailments
- Discuss common remedies and give health advice

1 WORD POWER Parts of the body

A Listen and practice.



B **GROUP WORK** Say a sentence with a body part. Take turns repeating the sentence and keep adding body parts. The group with the last student to say a correct sentence wins.

A: I have one head.
B: I have one head and two eyes.
C: I have one head, two eyes, and one nose.
D: I have one head, two eyes, one nose, and . . .

LIVEWORKSHEETS

2 CONVERSATION Do you want some tea?

Listen and practice.



Craig Hi, Nathan. How's it going?

Nathan Oh, hi, Craig. Not so well, actually. I don't feel well.

Craig Yeah, you don't look so good. What's wrong?

Nathan I don't know. I have a stomachache.

Craig That's too bad. Do you have the flu?

Nathan No, I just feel really sick.

Craig Well, can I get you anything? Do you want some tea?

Nathan No, but thanks anyway.

Craig Well, I'm going to have some pizza. Is that OK? Call me if you need me.

3 GRAMMAR FOCUS

Have + noun; *feel* + adjective

What's the matter?	How are you?
What's wrong?	How do you feel?
I have a stomachache.	**I feel sick.**
I have a headache.	**I feel better.**
I have the flu.	**I don't feel well.**

Negative adjectives	Positive adjectives
horrible	fine
awful	great
terrible	terrific
miserable	fantastic

GRAMMAR PLUS see page 143

A Listen and practice. *"He has a backache."*


a backache


an earache


a headache


a stomachache


a toothache


a cold


a cough


a fever


the flu


a sore throat

B **CLASS ACTIVITY** Imagine you don't feel well today. Go around the class. Find out what's wrong with your classmates.

A: How are you today, Paul?
B: I feel terrible. I have a backache.
A: I'm sorry to hear that.
B: How do *you* feel?

useful expressions

That's good.
I'm glad to hear that.
That's too bad.
I'm sorry to hear that.

LIVEWORKSHEETS

4 LISTENING Are you OK?

A Where do these people hurt? Guess. Write down the parts of the body.



1. Amber _____



2. David _____



3. Alyssa _____



4. Nicholas _____

B Listen to the conversations. Check your guesses.

5 SNAPSHOT

Listen and practice.

Common Remedies



chamomile tea



cough syrup



chicken soup



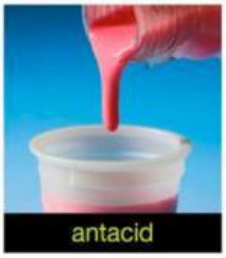
cold medicine



eye drops



aspirin



antacid



nasal spray



ice pack

What medications or home remedies do you use when you're sick?
What remedies are good, in your opinion? What remedies aren't good?

LIVEWORKSHEETS

6 CONVERSATION Try to relax.

Listen and practice.



Dr. Yun Hello, Ms. Lake. How are you today?

Ms. Lake Not so good.

Dr. Yun What's wrong, exactly?

Ms. Lake I'm exhausted!

Dr. Yun Hmm. Why are you so tired?

Ms. Lake I don't know. I just can't sleep at night.

Dr. Yun OK. Let's take a look at you.

A few minutes later . . .

Dr. Yun I'm going to give you some pills. Take one pill every evening after dinner.

Ms. Lake OK.

Dr. Yun And don't drink coffee, tea, or soda.

Ms. Lake Anything else?

Dr. Yun Yes. Try to relax.

Ms. Lake All right. Thanks, Dr. Yun.

7 LISTENING I think I have a cold.

Listen to Dr. Yun talk to four other patients. What does she give them? Check (✓) the correct medications.

	Cough syrup	Aspirin	Cold medicine	Eye drops	Nasal spray	Ice packs
1. Roberto	☐	☐	☐	☐	☐	☐
2. Courtney	☐	☐	☐	☐	☐	☐
3. Ryan	☐	☐	☐	☐	☐	☐
4. Samantha	☐	☐	☐	☐	☐	☐

8 PRONUNCIATION Sentence intonation

A Listen and practice. Notice the intonation in these sentences.

Take these pills.

Drink some tea.

Try to relax.

Don't take cough syrup.

Don't drink coffee.

Don't work too hard.

B **PAIRWORK** Practice the conversation in Exercise 6 again. Pay attention to the sentence intonation.

LIVEWORKSHEETS

9 GRAMMAR FOCUS

Imperatives

Get some rest.	**Don't stay** up late.
Drink lots of juice.	**Don't drink** soda.
Take one pill every evening.	**Don't work** too hard.

GRAMMAR PLUS *see page 143*

Complete these sentences. Use the correct forms of the words in the box.

✓call	stay	not go	not drink
see	take	✓not worry	not eat

1. Call a dentist.
2. Don't worry too much.
3. _____ a hot bath.
4. _____ to school.
5. _____ in bed.
6. _____ a doctor.
7. _____ coffee.
8. _____ any candy.

10 SPEAKING Good advice?

A Write two pieces of advice for each problem.









1. _____
2. _____
3. _____
4. _____

B **GROUP WORK** Act out the problems from part A. Your classmates give advice.

A: I don't feel well.
B: What's the matter?

A: My feet hurt.
B: I have an idea. Take a hot bath. And don't . . .

11 INTERCHANGE 12 Problems, problems

Give advice for common problems. Go to Interchange 12 on page 126.

LIVEWORKSHEETS

12 READING

A What does your body do to keep you alive? Take the quiz to find out!

DO YOU KNOW

YOUR BODY?

1. **The human heart beats about 200 times a minute.**
   ☐ True ☐ False
2. **Your body loses about 40,000 tiny pieces of skin an hour.**
   ☐ True ☐ False
3. **Your brain sends billions of signals every minute.**
   ☐ True ☐ False
4. **Your brain stops working when you're asleep.**
   ☐ True ☐ False
5. **140 million cells in your eyes help to tell you what you can see.**
   ☐ True ☐ False
6. **Brain cells do not live in the stomach.**
   ☐ True ☐ False
7. **Women's hearts beat faster than men's hearts.**
   ☐ True ☐ False
8. **Your brain makes electricity.**
   ☐ True ☐ False
9. **Your natural smell changes as you age.**
   ☐ True ☐ False
10. **Some bacteria (small living things) in your body help you live.**
    ☐ True ☐ False



1. False 2. True 3. True 4. False 5. True 6. False 7. True 8. True 9. True 10. True

B Read and answer the quiz. Check your answers. Then answer the questions.

1. What does your body lose every hour? _____
2. What part of the body sends signals and makes electricity? _____
3. What is one thing that changes as you age? _____
4. What cells live in the stomach? _____
5. What's another name for small living things? _____

C **GROUP WORK** What information in the quiz is most surprising? What else do you know about the human body? Tell your classmates.

LIVEWORKSHEETS