Part 1 – Getting Ready

- *Ask two classmates the questions below. Write their answers in the spaces.*

	How often do you exercise/play sports?	What sport do you like to watch most?	What sport do you like to play most?
Classmate 1			
Classmate 2			

Part 2 – Vocabulary Preview

- *Complete the sentences below with the words in the box.*



bored	badminton	racket	frisbee
push-ups	field	kick	~~sit-ups~~

1. Let's sit down on the floor and see how many sit - ups we can do.
2. I feel so _____. There's nothing fun to do.
3. Throw the _____ to me!
4. There's a nice, green, grassy _____ nearby. Let's go play there.
5. How far can you _____ that football?
6. I want to play _____, but we need another _____.
7. You can do twenty sit-ups, but how many _____ - _____ can you do?

Part 3 – Listening Comprehension

- *Listen to Tom and his father talking at the bus stop and choose the best answers.*

1. Who says he is bored?	**A.** Tom	**B.** Dad	**C.** Tom and Dad
2. Tom says he doesn't like to read.	**A.** True	**B.** False	
3. Where are they going to play?	**A.** in a park	**B.** in a field	**C.** They don't know.
4. When will they probably eat lunch?	**A.** 12:00	**B.** 11:00	**C.** in a few minutes
5. Where is Tom's friend?	**A.** at home	**B.** outside	**C.** They don't know.
6. Who is going to make lunch?	**A.** Tom	**B.** Dad	**C.** They don't know.

LIVEWORKSHEETS

LISTEN AGAIN – I'M SO BORED! (EXERCISE & SPORTS)

Part 4 – Listening, Spelling and Speaking Practice

- *Listen again and write the missing words.*

Tom I'm so bored! There's nothing to do. Can I watch some TV?

Dad No, I think you watched enough TV already. Why don't you read a book?

Tom But I already finished **(1)**_____ my books! All of them!

Dad Oh. Well, then, let's go outside and get some **(2)**_____.

Tom Oh … I don't know.

Dad Yeah, come on, we can **(3)**_____ a ball around or something.

Tom Maybe ….

Dad Yeah, and don't forget your **(4)**_____. And your badminton rackets.

Tom Well, I guess so. Where do you want to play? In the park, or in the **(5)**_____ across the street?

Dad Let's play across the street. It's already 11:00, and we'll probably eat lunch at **(6)**_____. The park is a little far from here.

Tom I have an idea. Let's play badminton first, and then the loser has to do ten push-ups.

Dad Uh … ten push-ups?

Tom Ha ha! You're afraid you'll **(7)**_____!

Dad No … it's just that …. Well, how about the loser does ten push-ups and the **(8)**_____ does five sit-ups?

Tom What?! That doesn't make any sense!

Dad Ha ha! You're afraid you'll win!

Tom No, of course not. Okay, … let's do it.

Dad Hey, wait a **(9)**_____ . Before we go outside, why don't you call your friend, Marcel? He can **(10)**_____ us.

Tom No, I don't **(11)**_____ to.

Dad What? Why not?

Tom Because I see him out the **(12)**_____ . He's already outside **(13)**_____ in the field.

Dad Hey, great.

Tom I'll **(14)**_____ you. The last person there has to make lunch!

Dad Okay, no problem. Uh … wait a minute. If you lose, what are you going to make for lunch?

Tom That's **(15)**_____. I'll just call and order a pizza!

Dad What?!



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