

**Read Leo Messi's routine and complete the table with the pictures.**

Hi! I'm Leonel Messi. My routine is different, I go to football training from Mondays to Saturdays.

In the morning, I get up at 5.00, I have a shower and get dressed. At 6.00 I have breakfast with my family. We eat fruit, eggs, toast and cereal. My children go to school at 7 o'clock and I go to football training with the Inter Miami team. At 10.15 we have a snack: some juice, and apples or a biscuit.



In the afternoon, I have lunch at 12.30 with my football friends, we eat meat, vegetables and fruit. We practice some more from 14.00 to 17.30. Then, I have a shower, and I go home at 18 o'clock. At 18.30 I play sports with Thiago, Mateo and Ciro, and we have a snack.

In the evening, I have a second shower at 19.30 and have dinner at 20 o'clock. After that, I can watch TV or read a book at 21.00. I brush my teeth, wash my face and my hands and, at 22 o'clock, I go to bed.

| IN THE MORNING                                                                    | IN THE AFTERNOON                                                                  | IN THE EVENING                                                                    |
|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|
|  |  |  |
| 5.00                                                                              | 12.30                                                                             | 19.30                                                                             |
| 6.00                                                                              | 14.00<br>-<br>17.30                                                               | 20.00                                                                             |
| 7.00                                                                              | 18.00                                                                             | 21.00                                                                             |
| 10.15                                                                             | 18.30                                                                             | 22.00                                                                             |



Read again and choose True or False. Drag the circle to the incorrect information.

Leonel gets up at 10 o'clock. T / F

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1. Leonel has white bread for breakfast. T / F

2. He goes to football training at 8 o'clock. T / F

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3. He doesn't have lunch at home. T / F

4. He reads books with Mateo, Thiago and Ciro. T / F

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5. He has one shower a day. T / F

6. He doesn't brush his teeth in the evening. T / F