

## The Benefits of Travel

Going away, even for a short time, is very important for everybody. Whether it's for work, study or fun, travel gives you the opportunity to relax. Even if it's a short (1)....., it allows you time to think about something else. It provides you with a break from your daily (2).....

If you're (3)..... the chance to go on a work trip, you should always take it. If you're going away for fun, you (4)..... choose the right person to travel with. Make sure it's (5)..... you get on with.

Sometimes it's a good idea to go alone because then you'll be (6)..... to do what you want. Whatever you decide, there's no doubt you'll come home feeling happy and with many new stories about the places you've visited on the way.

1 A trip	B destination	C plan	D route
2 A practice	B routine	C habit	D custom
3 A advised	B offered	C recommended	D suggested
4 A ought	B need	C must	D could
5 A somebody	B everyone	C something	D everything
6 A open	B free	C empty	D clear