

**Read the following passage and mark the letter A, B, C, or D to indicate the correct word or phrase that best fits each of the numbered blanks.**

### **What is tiger parenting?**

Tiger parenting is a strict parenting style that pushes children to excel academically at all (1) \_\_\_\_\_. Specifically, tiger parents tend to micromanage their children's lives in ensuring they meet their high expectations. There is little to no (2) \_\_\_\_\_ for the child to negotiate how their days are planned as the tiger parent will respond in a "because I said so" manner. Tiger parenting enforces (3) \_\_\_\_\_ rules and gives full control to the parent. There is a power differential between the parent and the child that prevents open and honest conversations. Respect is a one-way street and there is no reward for positive behavior, only discipline for negative behavior. Children (4) \_\_\_\_\_ grew up with tiger parents lack a nurturing and loving environment. Overly strict and punitive parenting styles may cause children poor outcomes (5) \_\_\_\_\_ increasing risks of anxiety, low self-esteem, depression, or even selfharm. Furthermore, tiger parenting can result in poor social skills. (6) \_\_\_\_\_, when a child is prevented from playing with peers in favor of studying, they may (7) \_\_\_\_\_ out on opportunities to socialize and establish meaningful relationships. We learn to parent in response to what we have experienced ourselves growing up, from our own parents. Family patterns can be passed on, (8) \_\_\_\_\_ parenting styles and childhood trauma. Encourage reflection: What was helpful for you from your parents growing up? What was not as helpful even if your parents were well-intentioned? How did you feel, and how would you like your children to feel? Acknowledge how hard, challenging, uncomfortable, and strange it can be to (9) \_\_\_\_\_ things differently. Acknowledge how our parents did the best they could with what they knew, and as we know better, we can do better. Encourage compassion with yourself as you try doing things differently with different results for your relationship with your child. Provide support for parents who have the courage to try a new and different way of interacting (10) \_\_\_\_\_ their children that will hopefully be helpful and healing for all.

*(Adapted from <https://www.verywellmind.com/>)*

1. A. costs	B. prices	C. expenses	D. values
2. A. field	B. place	C. room	D. space
3. A. much	B. many	C. little	D. any
4. A. which	B. that	C. whose	D. who
5. A. except	B. besides	C. excluding	D. such as
6. A. Because	B. Similarly	C. For example	D. Therefore
7. A. lack	B. lose	C. miss	D. achieve
8. A. including	B. containing	C. comprising	D. involving
9. A. avoid	B. approach	C. address	D. solve
10. A. to	B. for	C. with	D. at