VOCABULARY

follow your dreams

1 Read the suggestions for how to follow your dreams. Complete them with the correct form of these words and phrases.

be worth it encourage get into give up on
put off take pride in

How to follow your dreams

Do

- 1 _____ several things that interest you, so that you can discover your passion.
- spend time with positive people who really 2 _____ you.
- remember that the hard work that you put in 3 _____.
- 4 _____ the things that you achieve.

Don't

- let small problems 5 _____ you _____.
- 6 _____ a dream just because it's difficult.

2 Choose the correct words to complete the article.

Change the world in your slippers!

You can help make the world a better place – without even leaving your bedroom! Choose from the hundreds of ideas on our website!

A Play online games to **1help out** / **raise** money for a **2survey** / **charity** with every point that you score.

B Identify animals in photos from national parks, to help park rangers **3care for** / **contribute** the species that live there.

C Respond to a **4survey** / **poverty** that helps doctors learn more about the brain.

D Email a politician as part of a **5campaign** / **survey** to get more help for families living in **6poverty** / **charity**.

E Explore the universe on your computer screen and **7contribute** / **help out** to NASA's maps of space.

All these opportunities and more are just a click away. If you'd like to **8care for** / **help out**, then become a **9volunteer** / **campaign** today!

3 1.3 Listen to three people talking about being a volunteer. Which three of these activities do they mention?

A playing games online
B doing photo research
C making cards for kids
D answering surveys
E emailing politicians
F adding to NASA's maps

4 1.4 Listen again. Which adjective(s) do the speakers use to describe their volunteering? There are two you do not need.

enjoyable incredible relaxing scary stressful tiring

5 Read the vocabulary box. Choose the correct adjectives to complete the sentences. Which adjectives come from nouns and which ones from verbs?

1 I want to have an important job and be **suitable** / **responsible** for a big business.
2 It's **understandable** / **comfortable** that the accident put her off gymnastics.
3 The day I went to see the Olympics was one of the most **memorable** / **responsible** of my life.
4 It's my dream to design backpacks that are really **understandable** / **comfortable** to wear.
5 It's **suitable** / **sensible** to make an early start if you prefer the beach when it's empty.
6 I want to write a blog about how to be **enjoyable** / **fashionable** and look cool.

explore **vocabulary**

adjectives ending in *-able* or *-ible*

We can make some adjectives by adding the endings *-able* or *-ible* to the verb or noun.

Noun		Adjective
comfort	→	comfort**able**
fashion	→	fashion**able**
sense	→	sens**ible**
memory	→	memor**able**

Verb		Adjective
enjoy	→	enjoy**able**
respond	→	respons**ible**
suit	→	suit**able**
understand	→	understand**able**

Speak up

6 Have you heard the saying 'Reach for the stars!'? What do you think it means? When might you use it?

LIVEWORKSHEETS