

COMPLETION A. Complete the paragraph with words from the box. One word is used twice.

**beat energy range seems steady**

Much of the research done on music and exercise focuses on what the ideal BPM <sup>1</sup>\_\_\_\_\_ is for running. But it also <sup>2</sup>\_\_\_\_\_ from recent studies that having a predictable, <sup>3</sup>\_\_\_\_\_ rhythm is important. Generally, music with sudden changes in the <sup>4</sup>\_\_\_\_\_, like free-form jazz, is less suitable. Why? If the music speed changes while we run, we tend to adjust our movements to match the <sup>5</sup>\_\_\_\_\_. Each time we change our steps to move faster or slower, we lose <sup>6</sup>\_\_\_\_\_.

COMPLETION B. Complete the sentences using words or phrases from the box.

**control distract pay attention mood social**

1. Music can sometimes \_\_\_\_\_ you from your work.
2. Many people say that listening to the song "Happy" by Pharrell Williams puts them in a good \_\_\_\_\_.
3. If you want to have better \_\_\_\_\_ of your singing voice, you should do more vocal exercises.
4. Most schools organize \_\_\_\_\_ events like dances and concerts for the students.
5. Orchestra musicians must \_\_\_\_\_ to the conductor during a performance.



▲ Pharrell's "Happy" was the best-selling song of 2014 in the United States.

COLLOCATIONS C. The prepositions in the box are often used with the word **control**. Complete the definitions below with the correct prepositions.

**in out of under**

1. If you are \_\_\_\_\_ control of a company, you have the power to make important decisions about the way it is run.
2. If a situation is \_\_\_\_\_ control, it is being dealt with successfully and is unlikely to cause any problems.
3. If something is \_\_\_\_\_ control, it cannot be dealt with successfully.