TA9. U3. Healthy Living for Teens. Vocabulary. Matching 1

Match the phrases on the left with the correct sentence on the right.

1. accomplish	A. Something that must be done by a specific time
2. additional	B. Someone who helps guide and advise people
3. anxiety	C. The latest time something can be submitted
4. appropriately	D. To make something as small as possible
5. assignment	E. Feeling tense or worried
6. counsellor	F. Relating to the mind and thoughts
7. deadline	G. Affecting the body
8. delay	H. To complete or achieve a goal
9. distraction	I. Causing weight gain
10. due date	J. An additional amount
11. fattening	K. Feeling hopeful and positive about the future
12. mental	L. When your attention is diverted from the main task
13. minimise	M. A state of emotional or mental feeling
14. mood	N. Balanced and including all necessary aspects
15. optimistic	O. A task or piece of work that needs to be completed
16. physical	P. Done in a way that is correct or suitable
17. priority	Q. Relating to food or exercise being healthy and balanced
18. stressed out	R. To put something off until later
19. well-balanced	S. The thing that is most important and needs to be done first
20. mental	T. A feeling of nervousness or worry

Ms. Minh Ha - 0982194748

LIVEWORKSHEETS

Ms. Minh Hà - 0982194748

LIVEWORKSHEETS