

Here's a list of popular food items that young people often buy when grocery shopping, what things do you usually buy?

## Snacks and Treats

- Chips and popcorn
- Chocolate bars or candy
- Ice cream or frozen yogurt
- Energy bars or granola bars

## Beverages

- Sodas and flavored water
- Coffee, energy drinks, or tea
- Smoothies or fruit juices

## Quick and Easy Meals

- Instant noodles or mac and cheese
- Frozen pizzas or burritos
- Pre-packaged salads or sandwiches
- Ready-made soups or microwave meals

### Breakfast Items

- Cereal and oat milk
- Yogurt or dairy-free alternatives
- Eggs and bagels
- Peanut butter or Nutella

## Essentials

- Pasta, rice, or quinoa
- Bread (including whole grain and sourdough)
- Milk (dairy or plant-based)
- Cheese and deli meats



**"Getting ready to go grocery shopping, what should we include on our shopping list?"**

**A:** Hey! **Do you have any bread or butter at home?**

**B:** Yeah, I have **some** bread, but I'm out of butter.

**A:** Oh, that's okay. What about eggs? **Do you have any?**

**B:** I have **some** eggs, but I should get **some** soon.

**A:** **Do you have any fruit?** Maybe apples or bananas?

**B:** I've **some** apples, but I don't have **any** bananas. They go bad too fast!

**A:** Hmm... **Do you have any cheese or yogurt?**

**B:** I have **some** cheese, but I finished the yogurt this morning.

**A:** Oh, I see. **Do you have any leftovers from dinner?**

**B:** Actually, yes! I have **some** pasta and a bit of salad.

**A:** That sounds nice. You eat a balance diet.

**B:** What about you?

**A:** Well, let me see....



**Circle the correct option to complete the conversation**

A: What do you want for lunch, Amy?

B: Let's just make some / any pasta.

A: Good idea. We have **some** / any pasta.

B: Let's see. We have **some** / any carrots. We don't have **some** / any tomatoes.

A: OK, I can get **some** / any at the store. What else?

B: Do we have **some** / any cheese?

A: No, we don't have **some** / any. I can get **some** / any

