INSPIRED TOTS EARLY LEARNING CENTER

1ST TERM CONTINOUS ASSESSMENT, 2024

NAME: _____ ***DATE:*** _____

HEALTH EDUCATION 3RD GRADE

Use the information below to fill in the blank spaces

Rips cade, pores, knee, hot, tendons, dermis and epidermis, femur, 160, humorous, ligaments, tibia and fibula, ulna and radius, framework, 260

1. The way you hold your body when you sit, stand and move about is define as_____
2. The human skeletal system is made up of about _____ number of bones.
3. Another name for our skeletal system is _____
4. One of these is called the largest bone in our body_____
5. The patella is located at what part of our body_____
6. The part of the skeletal system that house the essential organs of the body is _____
7. The two bones at the lower part of our arms are called _____and _____
8. The two bones under the femur are _____ and _____
9. Our bones are joined together by a _____
10. The muscles in our bodies are joined to the bones by _____
11. The two basic part of our skin is_____
12. The tiny opening in our skin is_____
13. In what kind of weather are you encouraged to bathe every day? _____
14. What should you do when you are angry, upset or unhappy about something and you cannot talk about it without getting angry.
    1. don't talk about it at all. 2. Talk about it anyway. 3. Ignore the other person's feelings 4. Ask God to help you not to be angry. A). 1&2 B). 1&4 C). 2&3 D). 1&3

Match where the following muscles are located correctly.

15. Biceps	stomach
16. Triceps	neck
17. Facial muscles	upper arm
18. Abdominal muscles	bottom arm
19. Trapezius	face

20. When someone older speaks to you

LIVEWORKSHEETS

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NAME: _____ ***DATE:*** _____

1. Be pleasant, smile and be interested

2. Walk away while they are still talking to you.

3. Answer yes or no to your older ones.

4. Answer yes or no sir or ma'am to your older ones. A). 1&4 B). 1&2 C). 2&4 D). 3&4

LIVEWORKSHEETS