



## New Words

a. Unscramble the words and phrases.



1 EELF EAWK

F E E L

W E A K

2 KATE AVITNISM

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3 PEEK MRWA

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4 EORS TATOHR

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5 RFVEE

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6 KETA CMENDEII

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7 AYST PU LEAT

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8 EGT OESM STER

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b. Fill in the blanks using the words from Task a.

1. I have no energy and can't do any work. I feel weak.2. I feel very hot and sick. I think I have a  .3. The doctor told me to     after eating, three times a day.4. If you eat a healthy diet, you don't need to    .5. You should wear a thick jacket and scarf to     in winter.6. I have a cough and a    . It hurts when I drink.7. Many teens       to do homework or watch TV. That's bad for their health because they won't get enough sleep.8. You look tired. You should      .

## Listening

a. Listen to two children talking at school. Who has a healthier lifestyle? WB 03

1. Brenda

2. Pete



b. Now, listen and circle A, B, or C.



1. Pete has...  
A. a headache.      B. a sore throat.      C. a stomachache.
2. Pete does...  
A. a lot of exercise.      B. a little exercise.      C. no exercise.
3. Brenda eats...  
A. some junk food.      B. no fresh fruit.      C. a lot of salad.
4. Pete eats...  
A. a lot of salad.      B. a little salad.      C. no salad.
5. Pete should...  
A. do more exercise.      B. eat more junk food.      C. watch less TV.



Grammar

Unscramble the sentences.



1. I have a sore throat.
2. I feel weak.
3. I have a stomachache.
4. I have a fever.
5. I'm always watching TV.

shout/much./You/so/shouldn't

You shouldn't shout so much.

take/should/You/vitamins./some

You/medicine./take/should

a/see/doctor./You/should

should/exercise./do/You/more



Writing

Read Lily and Jacob's health problems. Use *should* and *shouldn't* to give them your advice. Write full sentences.



Lily feels sick today. She has a cough and a sore throat. She eats a little fruit and vegetables every day. She sleeps five hours a night. She watches a lot of TV.

Lily should get some rest.

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Jacob feels weak. He has a stomachache and feels sick. He doesn't eat breakfast. He eats a lot of fast food and drinks soda every day.

Jacob

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