



Listening Activity – Daily Routine

Practice daily routine vocabulary in the simple present tense through listening activities.

Part 1: Listen and Complete the Sentences (Audio 1)

Listen to Audio 1 and complete the sentences using the correct form of the verbs in the simple present tense.



1. Every day, I _____ (wake) up at 6 AM.
2. After eating breakfast, she _____ (drink) coffee and _____ (go) to work.
3. At work, I _____ (write) emails and _____ (attend) meetings.
4. In the evening, she _____ (exercise) and _____ (rest) at home.
5. She _____ (watch) TV for an hour before going to bed.

Part 2: Match the Activities with the Times (Audio 2)

Listen to Audio 2 and match the activities with the correct times of the day.



Starts school
Goes to bed
Plays soccer
Eats breakfast
Wakes up

7:00 A.M.	
7:30 A.M.	
8:30 A.M.	
2:00 P.M.	
9:30 P.M.	

Part 3: Number the activities (Audio 1)

Look at the pictures and number them based on the order of activities described in Audio 1.



Go to work

Write emails

Go to bed

Cook dinner

Eat breakfast

1.



2.



3.



4.



5.



Part 4: Choose the Correct Option (Audio 2)

Choose the correct option based on the sentences heard in Audio 2.



SENTENCES

1 I (wake/ wakes) at 7:00 AM.

2 He (take / takes) a shower.

3 I (eat / eats) lunch with my friends.

4 He (do / does) homework.

Part 5: Choose the Correct Option (Audio 1 and Audio 2)

Choose the correct sentence option based on the sentences heard in both Audios.

1

She go to school by car

She goes to school by car

2

I eat breakfast in the morning.

I eats breakfast in the morning.

3

My sister help to clean the house after school.

My sister helps to clean the house after school.