

INSPIRED TOTS EARLY LEARNING CENTER
K5 FIRST TERM ASSESSMENT 2024/2025

Health Education

1. What is body movement? _____.
2. List the types of body movement. _____, _____,
_____.
3. The parts of the body responsible for movement are; _____,
_____, _____.
4. Locomotive movement is the movement the body makes when we walk, leap
and run. True/False
5. The 3 types of Locomotive movement are; _____, _____,
_____.
6. Mention 2 wrong ways of walking. _____, _____.
7. Non-locomotive body movement is when the body moves in one position.
True/ False.
8. Examples of non-locomotive body movement include; stretching,
_____, _____, _____.
9. Manipulative body movement include; _____, _____.
10. What is safety? _____.
11. Identify 3 safety rules on the playground. _____,
_____, _____.