

Name:.....

Date: 1/10/2024

1- Which one of this is sugary food?



2- Which one is contain protein?



3- Choose three starchy food and write them:

(Rice – Pasta – Apple – Beard – Banana – Tuna)

A)

B).....

C).....

4- Put (✓) or (✗) beside each sentence:

a) We need food and water to stay alive.

b) We must eat a lot of sugar.

c) We must eat the correct amount of all groups of food.

d) We get full quickly when we eat starchy food.

Mr. Jabber Ramadan