Match the expressions to the meaning

Alex: You know, I've been thinking a lot about life opportunities lately. Sometimes I feel like I need to **get out** of my comfort zone to really experience things.

Jamie: I totally get that. I think a lot of people **miss out** because they don't take risks or explore new options. They just stick to what they know.

Alex: Exactly. I was talking to Sarah the other day, and she **pointed out** that I tend to overthink things instead of just jumping in. I'm always trying to **figure out** the perfect path.

Jamie: Oh, I know the feeling. But you can't **opt out** of decisions forever. Sometimes you just have to go for it. Look at Emma, for example—she really **stands out** because she's always pushing herself and taking on new challenges.

Alex: Yeah, she really **brings out** the best in herself by doing that. I feel like I'm still trying to **sort out** my own direction. I don't want to **miss out** on opportunities just because I'm unsure.

Jamie: It's tricky, but maybe you should start by **stamping out** any doubts. I mean, we can always **hang out** and talk things through if you need help making decisions.

Alex: Thanks, I appreciate that. I guess it's time to start sorting things out and taking a few risks!

a. Highlight someone's best qualities.

b. Choose not to participate.

c. Be noticeable or exceptional.

d. Spend time socially.

e. Lose an opportunity.

f. Leave a situation or comfort zone.

g. Organize or solve a problem.

h. Highlight something important.

i. Eliminate something, usually negative.

j. Understand or solve something.

LIVEWORKSHEETS

There is some logic in the use of prepositions/adverbs in phrasal verbs. For example, up is used when something is 'better or improving' as in cheer up, brighten up or dress up. Discover what meanings "out" can bring by matching phrasal verbs from exercise 3 to the group below.

a) not being included or not taking part in something

b) being or moving outside; this usually means that you leave a place or you do something outdoors

c) trying to find an answer or solution to a problem or something you don't know or understand

d) used when something that you can't see or has been hidden suddenly appears

e) when something is finished or you finish it; sometimes, it means it's done to the end or completely, until nothing is left

LIVEWORKSHEETS