

1 READING

- a Read four tweets about weekends. Which two do you think are true?



Bob1972 @Bob1972

New York for the weekend, amazing!
#greatweekend #nosleep



UrbanJ @UrbanJ

Spent all day Sunday at work, then
in bed at 9.00. #terribleweekend



Topsy @TopsyReal

Husband took me to Paris for lunch
on Saturday! #bestdayout



Betty @BettyM

Sunday in the park with the family,
picnic and games. #lovesummer

A boring weekend? Don't tell anybody!



A new survey has shown that
20% of British people tell lies about
their weekend on social media.

The survey, by a travel website, shows that
people invent stories to make their lives
appear more interesting than they really are.
Psychologist Judi James, one of the organizers
of the survey, said, 'When some people read their
friends' posts and see their photos on Facebook,
Twitter, and Instagram, they begin to feel jealous
of them. They think that their friends are having
a much more exciting life. So they invent details
about their own weekend.'

One of the main reasons people give for
inventing these stories is to have something
to talk about on Monday morning at work or at
school. This is because they don't want other
people to think that they have a boring life. The
most popular lies people tell are that they went
to a party or went away for the weekend, and
3% of people even put on fake tan on Sunday
night to make their colleagues think they've had
a weekend away in the sun. One person in ten
invents a romantic break with their partner.

- b Read the article *A boring weekend?*. Then read the tweets
again. Which do you think are probably not true? Why?

People aged 18 to 24 are the ones who most often
tell lies on social media and men lie more often
than women. Only 20% of people interviewed said
that they always told the truth in posts.


Judi James said: 'Social media is becoming
increasingly important in our lives, and it seems
we're living one life online and another in reality.'

So when you are feeling jealous on a Saturday
night because your best friend is having a
romantic dinner with her boyfriend in Venice,
stop and ask yourself, 'Is she really there, or is
she just sitting at home feeling bored like me?'

Adapted from the British press

2 VOCABULARY adjectives ending -ed and -ing

- a Look at the two highlighted words in the article. Which
word describes...?
- 1 how a person feels
 - 2 a thing or a situation

b  **4.21** Circle the correct adjective in the questions below. Listen and check. How do you say the adjectives?

- 1 a Do you think Sundays are usually *bored* / *boring*?
b Are you *bored* / *boring* with your job or studies?
- 2 a What kind of weather makes you feel *depressed* / *depressing*?
b Do you think the news is always *depressed* / *depressing*?
- 3 a What activities do you find *relaxed* / *relaxing*?
b Do you usually feel *relaxed* / *relaxing* at the end of the weekend? Why (not)?
- 4 a Have you read any *interested* / *interesting* articles or books recently?
b What sports are you *interested* / *interesting* in?
- 5 a Are you *excited* / *exciting* about your next holiday?
b Are you doing anything *excited* / *exciting* next weekend?
- 6 a What were you *frightened* / *frightening* of when you were a child?
b Do you find storms *frightened* / *frightening*?

c Ask and answer the questions with a partner. Give more information if you can.