1 READING

a Read four tweets about weekends. Which two do you think are true?



Bob1972 @Bob1972
New York for the weekend, amazing! #greatweekend #nosleep



UrbanJ @UrbanJ
Spent all day Sunday at work, then in bed at 9.00. #terribleweekend



Topsy @TopsyReal
Husband took me to Paris for lunch on Saturday! #bestdayout



Betty @BettyM
Sunday in the park with the family, picnic and games. #ilovesummer

A boring weekend?
Don't tell anybody!



A new survey has shown that 20% of British people tell lies about their weekend on social media.

The survey, by a travel website, shows that people invent stories to make their lives appear more interesting than they really are. Psychologist Judi James, one of the organizers of the survey, said, 'When some people read their friends' posts and see their photos on Facebook, Twitter, and Instagram, they begin to feel jealous of them. They think that their friends are having a much more exciting life. So they invent details about their own weekend.'

One of the main reasons people give for inventing these stories is to have something to talk about on Monday morning at work or at school. This is because they don't want other people to think that they have a boring life. The most popular lies people tell are that they went to a party or went away for the weekend, and 3% of people even put on fake tan on Sunday night to make their colleagues think they've had a weekend away in the sun. One person in ten invents a romantic break with their partner.

People aged 18 to 24 are the ones who most often tell lies on social media and men lie more often than women. Only 20% of people interviewed said that they always told the truth in posts.

Judi James said: 'Social media is becoming increasingly important in our lives, and it seems we're living one life online and another in reality.'

So when you are feeling jealous on a Saturday night because your best friend is having a romantic dinner with her boyfriend in Venice, stop and ask yourself, 'Is she really there, or is she just sitting at home feeling bored like me?'

Adapted from the British press

b Read the article *A boring weekend?*. Then read the tweets again. Which do you think are probably not true? Why?

2 VOCABULARY adjectives ending *-ed* and *-ing*

a Look at the two highlighted words in the article. Which word describes...?

1 how a person feels
2 a thing or a situation

LIVEWORKSHEETS

b 4.21 Circle the correct adjective in the questions below. Listen and check. How do you say the adjectives?

1 a Do you think Sundays are usually *bored / boring*?
  b Are you *bored / boring* with your job or studies?

2 a What kind of weather makes you feel *depressed / depressing*?
  b Do you think the news is always *depressed / depressing*?

3 a What activities do you find *relaxed / relaxing*?
  b Do you usually feel *relaxed / relaxing* at the end of the weekend? Why (not)?

4 a Have you read any *interested / interesting* articles or books recently?
  b What sports are you *interested / interesting* in?

5 a Are you *excited / exciting* about your next holiday?
  b Are you doing anything *excited / exciting* next weekend?

6 a What were you *frightened / frightening* of when you were a child?
  b Do you find storms *frightened / frightening*?

c Ask and answer the questions with a partner. Give more information if you can.

LIVEWORKSHEETS