

# ENTER THE WORLD OF EMOTIONS



**Instruction:** "Read the text about the emotions this person experienced during their day. Then, select the emotions that are new to you."

## Text:

"Today, I felt many emotions throughout the day. In the morning, I was excited because I had a new book to read. Later, I felt disappointed when my friend canceled our plans. During class, I felt a bit anxious before giving a presentation, but after I finished, I was very proud of myself. By the end of the day, I felt grateful for all the good moments."

Excited

Disappointed

Anxious

Proud

Grateful

