

1. Rushing through my morning routine without a plan often feels like **a recipe for disaster**, leading to missed appointments and forgotten essentials. **Do you agree?**
  2. When I visited Antigua, I love to **cook up a story** to share with my friends; people are always intrigued! **What about you?**
  3. The new café in Zone 1 **has all the ingredients of** a perfect hangout: cozy ambiance, friendly staff, and delicious coffee. **Do you think atmosphere is important when choosing a café?**
  4. Sometimes, it's better to **let someone stew in their own juice** after a mistake; they might learn more from the experience than from my advice, **Do you believe letting someone figure it out on their own is helpful?**
  5. I tried a local dance class last week, but it was definitely **not my cup of tea**; I prefer a more intense workout at the gym. **Have you ever tried something that didn't suit you?**
  6. During interviews for new positions, I feel like I'm being **grilled** on my weaknesses; it's nerve-wracking but helps me grow. **Do you think tough questions are beneficial during interviews?**
1. I realized my plan to start my own startup but it is a bit **half-baked**; I needed to research more before jumping in. **Do you agree that research is crucial before starting something new?**
  2. To **spice up** my daily routine, I started exploring new hobbies like cooking traditional dishes **Do you think trying new hobbies can make life more exciting?**
  3. I overheard **something unsavoury** about the politics in the last days, which made me rethink my approach to what will happen in the next years . **Is it important to be cautious about it ?**
  4. My friendship with someone from Xela **turned sour** after that heated debate about sports; **Have you ever had a friendship impacted by a disagreement?**
  5. I heard **something juicy** about the new restaurant opening in Zone 4 that could change everything—can't wait to see how it unfolds! **Are you excited about trying new restaurants in your area?**

## Food metaphors

1. a **recipe** for disaster.
  2. **Cooke up** a story
  3. To have **all the ingredients** of ...
  4. **Let someone stew/ stew in your own juice**
  5. Not **my cup of tea**.
  6. **Grilled** a person
  7. **Half-baked**
  8. **To spice up** something
  9. Something **unsavoury**
  10. Something **turnes sour**.
  11. Something **juicy**.
- a. [situation sure to lead to problems]
  - b. [made up, invented]
  - c. [all the necessary characteristics]
  - d. [worry or suffer, especially about something you think is that person's fault;]
  - e. [not the type of thing that I like]
  - f. [asked a lot of questions]
  - g. [unrealistic or not thought through properly]
  - h. [make more lively]
  - i. [unpleasant, morally offensive]
  - j. [goes wrong]
  - k. [exciting and interesting]

1. Planning the event without any help was truly \_\_\_\_\_.
2. During our camping trip, I \_\_\_\_\_ about the time I met a famous celebrity.
3. The new restaurant downtown seems to \_\_\_\_\_ a perfect dining experience.
4. After the argument, I decided to \_\_\_\_\_ instead of confronting them right away.
5. I tried that new workout class, but it was \_\_\_\_\_.
6. During the interview, I felt like they were really \_\_\_\_\_ me with tough questions.
7. My initial idea for the project was a bit \_\_\_\_\_ and needed more planning.
8. I wanted to \_\_\_\_\_ my routine, so I decided to try a new hobby.
9. I overheard \_\_\_\_\_ about a colleague that made me question my opinion of them.
10. Our friendship \_\_\_\_\_ after that misunderstanding.
11. I heard \_\_\_\_\_ about the recent developments in the company that everyone is talking about.

BE'

FOO





Complete the idea with one of the questions

1. When was the last time ...
2. Have you ever ...
3. Are you the kind of person who...

1. a recipe for disaster.
2. Cooked up a story
3. To have all the ingredients of ...
4. Let someone stew
5. Not your cup of tea.
6. Grilled a person
7. Half-baked an idea or plan
8. To spice up something
9. Something unsavoury
10. Something turned sour.
11. Something juicy.