

1. Rushing through my morning routine without a plan often feels like **a recipe for disaster**, leading to missed appointments and forgotten essentials. **Do you agree?**
2. When I visited Antigua, I love to **cook up a story** to share with my friends; people are always intrigued! **What about you?**
3. The new café in Zone 1 **has all the ingredients** of a perfect hangout: cozy ambiance, friendly staff, and delicious coffee. **Do you think atmosphere is important when choosing a café?**
4. Sometimes, it's better to **let someone stew in their own juice** after a mistake; they might learn more from the experience than from my advice. **Do you believe letting someone figure it out on their own is helpful?**
5. I tried a local dance class last week, but it was definitely **not my cup of tea**; I prefer a more intense workout at the gym. **Have you ever tried something that didn't suit you?**
6. During interviews for new positions, I feel like I'm being **grilled** on my weaknesses; it's nerve-wracking but helps me grow. **Do you think tough questions are beneficial during interviews?**

1. I realized my plan to start my own startup but it is bit **half-baked**; I needed to research more before jumping in. **Do you agree that research is crucial before starting something new?**
2. To **spice up** my daily routine, I started exploring new hobbies like cooking traditional dishes. **Do you think trying new hobbies can make life more exciting?**
3. I overheard **something unsavoury** about the politics in the last days, which made me rethink my approach to what will happen in the next years. **Is it important to be cautious about it?**
4. My friendship with someone from Xela **turned sour** after that heated debate about sports; **Have you ever had a friendship impacted by a disagreement?**
5. I heard **something juicy** about the new restaurant opening in Zone 4 that could change everything—can't wait to see how it unfolds! **Are you excited about trying new restaurants in your area?**

Food metaphors

1. a **recipe** for disaster.
2. **Cooke** up a story
3. To have **all the ingredients** of ...
4. Let **someone stew/ stew in your own juice**
5. Not **my cup of tea**.
6. **Grilled** a person
7. **Half-baked**
8. **To spice up** something
9. Something **unsavoury**
10. Something **turnes sour**.
11. Something **juicy**.

- a. [situation sure to lead to problems]
- b. [made up, invented]
- c. [all the necessary characteristics]
- d. [worry or suffer, especially about something you think is that person's fault;]
- e. [not the type of thing that I like]
- f. [asked a lot of questions]
- g. [unrealistic or not thought through properly]
- h. [make more lively]
- i. [unpleasant, morally offensive]
- j. [goes wrong]
- k. [exciting and interesting]

1. Planning the event without any help was truly _____.
2. During our camping trip, I _____ about the time I met a famous celebrity.
3. The new restaurant downtown seems to _____ a perfect dining experience.
4. After the argument, I decided to _____ instead of confronting them right away.
5. I tried that new workout class, but it was _____.
6. During the interview, I felt like they were really _____ me with tough questions.
7. My initial idea for the project was a bit _____ and needed more planning.
8. I wanted to _____ my routine, so I decided to try a new hobby.
9. I overheard _____ about a colleague that made me question my opinion of them.
10. Our friendship _____ after that misunderstanding.
11. I heard _____ about the recent developments in the company that everyone is talking about.

B E'

FOO





Complete the idea with one of the questions

1. When was the last time ...
2. Have you ever ...
3. Are you the kind of person who...
1. a recipe for disaster.
2. Cooke up a story
3. To have all the ingredients of ...
4. Let someone stew
5. Not your cup of tea.
6. Grilled a person
7. Half-baked an idea or plan
8. To spice up something
9. Something unsavoury
10. Something turned sour.
11. Something juicy.