

1. Look at the list below. What do these people eat?



- fruitarians
- nutarians
- pescatarians
- flexitarians
- freegans
- raw vegans



Watch the [video](#) and decide whether these sentences are (T) or false (F).

- a) The mainstream restaurant industry doesn't adapt to the vegan trend.
- b) Almost 30% of evening meals in the UK don't include meat.
- c) People reduce the amount of meat they eat because of the environmental impact of farming.
- d) Allplants produces 50 thousand meals a week for their customers.
- e) Facebook is also investing in vegan economy by supporting startups.

Complete the gaps below with prepositions or adverbs.

a) The vegan trend is just exploding everywhere as I'm sure you'll be aware
.....

b) Rudy Fernando and his staff offer a meat-free menu with French influences but, of course, the steak frite comes a soy steak instead of the cow variety.

c) We've got one five households that are now actively reducing the amount of meat that they're eating.

d) We have really innovative startups coming the [vegan economy] space, such as the Impossible Burger.

e) The biggest tech investors in the world are putting money meat- free alternatives.

Match the phrases with *go* to their meanings.

a) go vegan	1) be sold for a lower price than usual
b) go nuts	2) happen or exist together
c) go cheap	3) stop eating anything derived from land or sea animals
d) go bust	4) take something to a more advanced stage
e) go further	5) become crazy or enthusiastic
f) go hand in hand	6) be forced to close because it's financially unsuccessful



2. Complete the questions with the words in the box.

carbs dairy foodie organic plant-based
poultry protein soy staple

- a. Do you consider yourself a? Do you always try unusual dishes
- b. or products?
- c. Have you ever considered going and not eating meat?
- d. Do you like coffee with milk?
- e. Why is food more expensive? Is it really more expensive to produce it?
- f. Can you imagine living without products such as cheese, milk or butter?
- g. Do you think that cause weight gain?
- h. What can be other sources of apart from meat?
- i. What is the diet in your country,
i.e. the main food people eat regularly?
- i) What is more popular in your country: eating..... or beef?