

1. Look at the list below. What do these people eat?

- fruitarians
- nutarians
- pescatarians

- flexitarians
- freegans
- raw vegans



Watch the **video** and decide whether these sentences are (T) or false (F).

- a) The mainstream restaurant industry doesn't adapt to the vegan trend.
- b) Almost 30% of evening meals in the UK don't include meat.
- c) People reduce the amount of meat they eat because of the environmental impact of farming.
- d) Allplants produces 50 thousand meals a week for their customers.
- e) Facebook is also investing in vegan economy by supporting startups.

Complete the gaps below with prepositions or adverbs.


- a) The vegan trend is just exploding everywhere as I'm sure you'll be aware
- b) Rudy Fernando and his staff offer a meat-free menu with French influences but, of course, the steak frite comes a soy steak instead of the cow variety.
- c) We've got one five households that are now actively reducing the amount of meat that they're eating.
- d) We have really innovative startups coming the [vegan economy] space, such as the Impossible Burger.
- e) The biggest tech investors in the world are putting money meat- free alternatives.

Match the phrases with *go* to their meanings.

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|--------------------|---|
| a) go vegan | 1) be sold for a lower price than usual |
| b) go nuts | 2) happen or exist together |
| c) go cheap | 3) stop eating anything derived from land or sea animals |
| d) go bust | 4) take something to a more advanced stage |
| e) go further | 5) become crazy or enthusiastic |
| f) go hand in hand | 6) be forced to close because it's financially unsuccessful |

2. Complete the questions with the words in the box.

carbs dairy foodie organic plant-based
poultry protein soy staple

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- Do you consider yourself a? Do you always try unusual dishes
 - or products?
 - Have you ever considered going and not eating meat?
 - Do you like coffee with milk?
 - Why is food more expensive? Is it really more expensive to produce it?
 - Can you imagine living without products such as cheese, milk or butter?
 - Do you think that cause weight gain?
 - What can be other sources of apart from meat?
 - What is the diet in your country, i.e. the main food people eat regularly?
 - What is more popular in your country: eating or beef?