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THE GERUND

The gerund is used like a noun: **Smoking** is bad for you.

Do you like **watching** TV?

She's good at **swimming**.

- It is formed by adding **-ing** to the infinitive:

go – **going**

stay – **staying**

The negative is formed by adding '**not**':

Would you mind **not smoking**?

NOTE: the changes that are sometimes necessary:

lie – lying (**ie** → **y**)

take – taking (single **e**: 'e' is omitted)

sit – **sitting** (single vowel + single consonant →