**Read the sentences. Match the words in bold with a synonym from the list below. Do not use a dictionary. Use the information in the sentences to figure out the meanings of the words. Write the letter of the synonym next to the sentence. There is one extra word.**

| | |
|---|---|
| **a.** adjust | **f.** expected |
| **b.** astonished | **g.** follow |
| **c.** check | **h.** ineffective |
| **d.** complex | **i.** release |
| **e.** declining | |

_b_ **1.** I was **stunned** when my parents told me we were moving to a new city. I thought I could finish high school before we moved.

____ **2.** She went to take money out of her bank account, but there was no money left. If she had checked her bank statements, she would have seen her funds had been **decreasing**.

____ **3.** Ahmed moved to the United States to **pursue** his dream. He wanted to get a master's degree from an American university.

____ **4.** Humans are **complicated** creatures and tend to spend a lot of time thinking and planning.

____ **5.** If rain is **anticipated**, it's a good idea to carry an umbrella.

____ **6.** Teachers **monitor** students' progress by giving homework and tests.

____ **7.** Change can be difficult in the beginning, but by being patient, we can gradually **adapt** to it.

____ **8.** If we don't **let go of** the past, we cannot make progress in the present.

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Complete the diary entry with the words from the box.

| | | | |
|---|---|---|---|
| **anticipate** | **decreasing** | **monitored** | **stunned** |
| **complicated** | **let go of** | **pursue** | |

Dear Diary,

Today I realized that change isn't bad. It just is. In other words, life happens, and we find ourselves in different circumstances. What we do at that moment is important. Today, I was _____stunned_____ (1.) when I suddenly realized I ran out of cheese. Hem and I started to complain and feel sorry for ourselves. If we had _____ (2.) our food supply, we would have realized that the amount of cheese was _____ (3.). We didn't _____ (4.) the change. Our friends, the mice, however, just got up and started looking for new cheese. Not us! We couldn't _____ (5.) the problem. Our brains make us too _____ (6.)! Finally, a light bulb went off in my head, and I realized sitting around and blaming others was useless. So, I got up to _____ (7.) my goal and find new cheese.

Good night,

Haw

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