

PRESENT PERFECT



Read the text. Select the correct option.

My family and I **(tried / have tried)** to have a healthier lifestyle during the last couple of months, and we have had good results so far. My parents **(searched / have searched)** some good diet options and exercise routines, and now we all are following them.

My older sister was happy about the idea, she always **(was / has been)** an athlete, so having a healthy life is nothing new for her. Last month she **(taught / has taught)** us her morning exercise routine, but it was too demanding for the rest of us. She even **(has suggested / suggested)** we should train with her team, but we didn't want to take over her social space. We all exercise together in the morning, and later she trains with her team at night.

My younger brothers **(didn't like / haven't liked)** the idea at all. It was hard to convince them, but now they also exercise with us. But the most difficult thing so far **(was / has been)** the diet. Mom sends us a healthy lunch, but last week I **(have seen / saw)** my brothers eating chocolate and other sweets at school. At first, I **(was / have been)** angry, but they are still kids, so I believe it's more difficult for them to give up on junk food.





LIVEWORKSHEETS