You can do it!

1

VOCABULARY
Adjectives of emotion | Verbs of success and failure | Phrasal verbs for achieving goals | Phrases for achieving goals | Immigration | Personality adjectives

GRAMMAR
Present tenses | Past Simple, Past Continuous and Present Perfect

1.1 Vocabulary

Success, failure and goals

1 ● **Match the adjectives below with pictures A–F. There are two extra adjectives.**

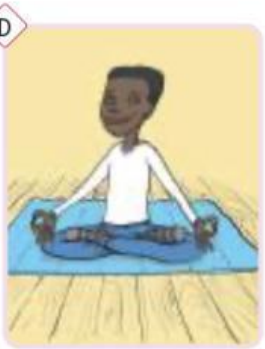
calm cheerful ~~confused~~ delighted exhausted stressed surprised upset

A 

confused

B 

C 

D 

E 

F 

2 ●● **How would you feel in each situation? Complete the adjectives of emotion.**

1 You think you do well in an exam, but then you get a bad mark. c*o n f u s e d*
2 You've just received the smartphone you wanted as a present. d_ _ _ _g_t_ _
3 You're lying on the beach on holiday. c_ _l_ _
4 You're just about to do an important exam. a_ _ _i_ _ _ _
5 You have lots of homework to do and don't have much time. s_ _ _ _s_ _ _d
6 Your friend visits you and you weren't expecting it. s_ _ _p_ _ _s_ _ _
7 You work hard on a project and get a good mark for it. p_ _ _ _s_ _ _
8 You've had a really long day at school. e_h_ _ _ _t_ _ _

3 ●● **Choose the correct answer.**

1 I feel ___ after I have a nap.
(a) calm b stressed c anxious
2 Anna was ___ with herself when she failed the exam.
a pleased b calm c disappointed
3 Gwen's such a ___ person. She always has a smile on her face.
a cheerful b confused c surprised
4 After spending weeks on their project, Ava and Noah were ___ when they finished.
a anxious b pleased c upset
5 People gave me lots of different advice about the exam, which made me feel ___.
a delighted b cheerful c confused
6 James was really ___ when he had a big argument with his parents.
a calm b upset c exhausted

LIVEWORKSHEETS