



UNIT 6: EAT WELL, LIVE WELL."

I.E. 2095 "Herman Busse de la Guerra"
UGEL 02 - Los Olivos

Grade: _____
Subject: English
Section: _____
Teacher: Erika Avalos

Competence Se comunica oralmente en inglés

Purpose: Escuchar y comprender una entrevista sobre los super alimentos, identificar el vocabulario e información específica para elaborar una lista de compras.

A HEALTHY SHOPPING LIST.

LEAD IN

Look at the pictures and complete: **a - an - some**



_____ sugar

_____ tomato

_____ cup of coffee

_____ flour



_____ oranges

_____ onion

_____ head of lettuce

_____ glass of orange juice

LET'S PRACTISE!

LISTENING COMPREHENSION

PRACTISE-EXERCISE 1

Listen to Julio Garay's interview and mark T (true) or F (false).

1. Julio Garay isn't proud and excited	true	false
2. The most important ingredient in the cookies is the quinoa	true	false
3. His mother gave him chicken blood to help him	true	false
4. Anemia isn't a common disease in Ayacucho	true	false
5. Julio suffered anemia.	true	false
6. Julio thinks healthy eating is not important.	true	false
7. Nutri H produces cookies made of superfoods	true	false
8. Nutri H produces cookies made from superfoods such as quinoa, cacao and blood.	true	false

At home, we usually eat healthy food to prevent diseases. I'm in charge of buying groceries, for this reason I looked for some information about healthy food. Last time I went to the supermarket, I bought (1) _____ corn, (2) _____ potatoes, (3) _____ carrot and (4) _____ head of lettuce. About fruit I got (5) _____ apple, and (6) _____ mangoes and bananas. I usually eat (7) _____ orange every morning. Tubers and grains are also important, so I bought (8) _____ kilo of tomatoes, sweet potatoes and (9) _____ oatmeal and quinoa.