



UNIT 6 : EAT WELL, LIVE WELL."

I.E. 2095 "Herman Busse de la Guerra"
UGEL 02 - Los Olivos

Grade: _____
Subject: English

Section: _____
Teacher: Erika Avalos

Competence: Se comunica oralmente en inglés

Purpose: Escuchar y comprender una entrevista sobre los super alimentos, identificar el vocabulario e información específica para elaborar una lista de compras.

A HEALTHY SHOPPING LIST.

LEAD IN

Look at the pictures and complete:

a - an - some



_____ sugar



_____ tomato



_____ cup of coffee



_____ flour



_____ oranges



_____ onion



_____ head of lettuce



_____ glass of orange juice

LET'S PRACTISE!

LISTENING COMPREHENSION

PRACTISE-EXERCISE 1

Listen to Julio Garay's interview and mark T (true) or F (false).

- | | | |
|---|------|-------|
| 1. Julio Garay isn't proud and excited | true | false |
| 2. The most important ingredient in the cookies is the quinoa | true | false |
| 3. His mother gave him chicken blood to help him | true | false |
| 4. Anemia isn't a common disease in Ayacucho | true | false |
| 5. Julio suffered anemia. | true | false |
| 6. Julio thinks healthy eating is not important. | true | false |
| 7. Nutri H produces cookies made of superfoods | true | false |
| 8. Nutri H produces cookies made from superfoods such as quinoa, cacao and blood. | true | false |

At home, we usually eat healthy food to prevent diseases. I'm in charge of buying groceries, for this reason I looked for some information about healthy food. Last time I went to the supermarket, I bought (1) _____ corn, (2) _____ potatoes, (3) _____ carrot and (4) _____ head of lettuce. About fruit I got (5) _____ apple, and (6) _____ mangoes and bananas. I usually eat (7) _____ orange every morning. Tubers and grains are also important, so I bought (8) _____ kilo of tomatoes, sweet potatoes and (9) _____ oatmeal and quinoa.