

VOCABULARY: COURSE, DISH, FOOD, MEAL AND PLATE

Complete the sentences with the correct option in italics

- 1 Some people say the most important *food / meal* of the day is breakfast.
- 2 What time of day do they have their *main / large* meal in China?
- 3 In my country we usually have three *plates / courses* at lunchtime.
- 4 The speciality in that restaurant is a spicy chicken *dish / meal*.
- 5 The best *meal / food* in town is served in the Turkish restaurant.
- 6 What would you like for *starters / dessert*? Ice cream, chocolate mousse or fruit?
- 7 I have an allergy to dairy *produces / products* so I don't drink cow's milk.
- 8 I'm playing in a match this afternoon, so I only want a *short / light* lunch.

-Students Read the email wrote from Elsa to her friend, Lee, about the food in her country.



Hi Lee,

I'm from Quito, Ecuador. There are many different types of (1) *food* in Ecuador - for example: meat, fish, vegetables, etc. We eat three (2) a day: breakfast, lunch and dinner. In the morning, my mum often leaves different cakes or bread on a (3) on the table. Lunch and dinner are usually a little heavier than breakfast. Lunch is three (4) : a starter, which is often soup, a main course and a dessert. My favourite (5) is *fanesca*, which is a fish soup, often made with cod.

Write back soon,

Elsa

