UNIT 1 All in the Family

VOCABULARY ACQUISITION

A

deserve	ראוי ל-, מגיע לו	incident	תקרית, מקרה	shelter (n, v)	מקלט, לתת מחסה, לגונן
get (v)	לענות (לטלפון, לדלת)	modest	צנוע, עָנִי	speak about	לדבר על-
in turn	כל אחד בתורו	partner	שותף	strong	חזק

Tick (✓) the sentences that you agree with.

- ☐ 1. Our grandparents **deserve** more of our time and attention.
- ☐ 2. You should do your best to **get** the phone as soon as it rings.
- ☐ 3. The jobs in the house should be shared **in turn** by all the children.
- ☐ 4. Doing household chores with a **partner** makes the work less enjoyable.
- ☐ 5. Parents who are **modest** set a good example for their children.
- ☐ 6. Parents can **shelter** their children from the real world forever.
- ☐ 7. You should **speak about** your problems with your parents.
- ☐ 8. A single **incident** can damage relationships within a family.
- ☐ 9. A **strong** relationship with your family will make you more confident.

B

annoy	להטריד, להציק	courage	אומץ לב	remain calm	להישאר רגוע
argue	להציג טיעונים	episode	מקרה, מאורע	the following day	ביום למחרת
ashamed	מבוייש, מתבייש	follow	להבין, לעקוב אחר-	tip (n)	עֵצָה
at your best	במיטבך	quit (v)	להתפטר, לפרוש מ-	weigh	לשקול

Complete the sentences with the words above. Make necessary changes.

- Don't get upset when your siblings [1] ..... one another. Take a deep breath and [2] ..... ! Family life is full of [3] ..... like these, and everyone usually forgets all about it [4] ..... .
- When you disagree with one of your family members, [5] ..... your position in a calm manner, and [6] ..... your words carefully.
- Listen to your grandparents when they tell stories of extraordinary [7] ..... and determination. Although it may be hard to [8] ..... all the details, these stories are part of your family history.
- It's always good to give your younger siblings [9] ..... about school life, but it's better to ignore their mistakes, so they won't feel [10] ..... .

LIVEWORKSHEETS

- [11] ..... complaining! Things might be hard sometimes, but try to look at the positive side.
- When you are [12] ....., you also bring out the best in those around you.

C

dedicate	להקדיש	**slip (n, v)**	החלקה, להחליק	**wise (adj)**	נבון, פקח
float (v)	לצוף, לרחף	**swear (v)**	להישבע		
shaming	בושה	**victim**	קורבן		

Complete the news headlines with the words below.

DEDICATES • FLOATING • SHAMING • SLIPPING • SWEARS • VICTIMS • WISE

1. THREE-YEAR-OLD BOY SAVES HIS GRANDMOTHER FROM ..... ON THE ICE
2. 87-YEAR-OLD WOMAN ..... HER HOUSE TO THE HOMELESS IN MEMORY OF HER PARENTS
3. EXPERTS WARN THAT ..... CAN LEAD TO EMOTIONAL DISTRESS
4. HIGH SCHOOL STUDENTS DONATE CLOTHES TO HURRICANE .....
5. 90-YEAR-OLD MAN ..... NOT TO LEAVE HIS WIFE'S BEDSIDE AS LONG AS SHE IS IN THE HOSPITAL
6. ..... GRANDFATHER GIVES HIS FAMILY ALL HIS MONEY BEFORE HE DIES SO THEY WON'T FIGHT OVER IT LATER
7. FISHERMEN FIND AN OLD BOTTLE ..... IN THE OCEAN WITH THE MESSAGE: "WE BEGIN AND END WITH OUR FAMILIES!"

D

absorb	לספוג, לקלוט	**distinguish**	להבחין, להבדיל	**message (n)**	מסר
access (n, v)	גישה, לגשת	**for the sake of**	למען	**trade (n)**	מסחר, עסק
assure	להבטיח	**formerly**	קודם לכן, לשעבר		
cure (n, v)	רפואה, לרפא	**grateful**	אסיר תודה		

LIVEWORKSHEETS

1. Complete the passage using the words in the box below.



absorbs
access
assures
cure
distinguish
For her father's sake
formerly
grateful
message
trade

Chamoy sauce is a sweet and spicy Mexican sauce made with dried fruit and chili powder. Leopoldo Leal was used to putting Chamoy on his Mexican food every day, but then he was diagnosed with diabetes*. Suddenly, he wasn't allowed to eat the sauce that he [1] ..... enjoyed so much. His daughter, Annie, searched for a sugar-free version of the sauce, but couldn't find one.

[2] ....., Annie decided to make her own sugar-free Chamoy sauce. She tried many times until she came up with a great sauce that no one could [3] ..... from the original. Her recipe was the perfect balance of sweet and spicy, but without the sugar. It was so good that Annie decided to start her own company, *I Love Chamoy*. Soon, sugar-free Chamoy became her [4] ..... .

Annie explains that if your body [5] ..... large quantities of sugar, you are at risk for diabetes, and, sadly, diabetes has no [6] ..... . Annie [7] ..... her customers that *her* products contain no sugar at all.

Many people love Annie's sugar-free Chamoy and they are very [8] ..... to her. Thanks to Annie, everyone now has [9] ..... to healthy Chamoy, and the dishes that were always part of their family tradition can stay on the menu.

Annie's [10] ..... is, "Do your best for your family, and it will come back to you."

*diabetes - סַכָּרֶת

2. • What are some traditional foods that *your* family loves?
   • What are some memories and experiences that you associate with these foods?

LIVEWORKSHEETS

UNIT 1

DEFINITIONS

E Match the words in each group to their definitions.

A

1. to absorb	____ a. to stay on the surface without sinking
2. to assure	____ b. to fall
3. to distinguish	____ c. to say that something is true
4. to dedicate	____ d. to take in
5. to float	____ e. to do something in someone's memory
6. to slip	____ f. to recognize the difference

B

1. access	____ a. business, job
2. cure	____ b. the ability to enter
3. message	____ c. embarrassing someone in public
4. trade	____ d. unusual event
5. shaming	____ e. something that makes a sickness go away
6. incident	____ f. important idea

C

1. wise	____ a. feeling guilty or sorry
2. modest	____ b. thankful
3. grateful	____ c. in the past
4. ashamed	____ d. having good judgement
5. strong	____ e. not talking much about your own abilities
6. formerly	____ f. powerful

D

1. in turn	____ a. discuss
2. speak about	____ b. stay relaxed
3. at your best	____ c. in order to benefit
4. remain calm	____ d. the next day
5. for the sake of	____ e. as good as you can be
6. the following day	____ f. one after another

LIVEWORKSHEETS

E

1. to swear	____	a.	to understand
2. to annoy	____	b.	to stop, to give up
3. to follow	____	c.	to consider carefully
4. to quit	____	d.	to promise
5. to weigh	____	e.	to upset

F

1. tip	____	a.	person who has suffered harm
2. episode	____	b.	someone you do something with
3. courage	____	c.	piece of advice
4. partner	____	d.	bravery
5. victim	____	e.	single event among others

G

1. to argue	____	a.	to answer the phone or door
2. to weigh	____	b.	should get something as a result of past behavior
3. to shelter	____	c.	to give reasons
4. to get	____	d.	to measure how heavy something is
5. to deserve	____	e.	to protect

REVIEW

A Go over the NEW WORDS from the unit again. Highlight the words that you remember.

NEW WORDS

absorb	deserve	incident	strong
access (n, v)	distinguish	message (n)	swear (v)
annoy	episode	modest	the following day
argue	float (v)	partner	tip (n)
ashamed	follow	quit (v)	trade (n)
assure	for the sake of	remain calm	victim
at your best	formerly	shaming	weigh
courage	get (v)	shelter (n, v)	wise (adj)
cure (n, v)	grateful	slip (n, v)	
dedicate	in turn	speak about	

LIVEWORKSHEETS

B Divide the following words into the categories below. There are a few possible answers.

annoy • assure • courage • modest • shaming
slip • speak about • tip • victim • wise

Qualities	Negative Meaning	Talk With a Counselor

C Find words in A with the *opposite* meaning of the words below.

1. weak
2. against the interests of
3. sink
4. unappreciative
5. competitor
6. continue

D Answer the questions below. Use at least one of the words from A in each answer.

1. Why do you need a code for your computer?

.....

2. Why would you put a dry sponge on a wet floor?

.....

3. What can antibiotics do?

.....

4. Why should a business make its logo unique?

.....

LIVEWORKSHEETS

5. In what order do the players in a card game play?

.....

6. What is the purpose of a tent when camping?

.....

7. What should you do when a dog is running towards you?

.....

Word Masterpiece

E Choose ONE of the following tasks. Use at least FIVE new words from this unit.

1. Write a short story about a family tradition. The story can be real or imaginary.
2. Write a letter thanking a family member for his/her help or support.
3. Write a descriptive paragraph about a family member.

Talking Points - COBE in Action

F With a partner, discuss THREE of the questions below.

1. "Family is the anchor that holds us through life's storms." Can you share a personal experience of a time when your family was an anchor for you?
2. What are some ways that family members can support each other?
3. What are some of the challenges that might come up in a family?
4. How can you strengthen family relationships?
5. What are some important life lessons that you have learned from your parents?

LIVEWORKSHEETS

PRACTICE 1

PART I: WRITTEN RECEPTION

A Read the article below.

SHORTAGE OF NURSES

I Nurses are considered the heroes of the healthcare world, tirelessly[1] caring for a patient's every need. Today, unfortunately, there is a shortage[2] of more than seven million nurses all over the world, and the immediate future doesn't look any better. According to a recent report from the International Council of Nurses, there could be a shortage of up to 13 million nurses globally by 2030. This could mean major problems for healthcare services, affecting millions.

II One of the causes of this shortage is the world's aging[3] population. While the average person in the 1950s lived to the age of 50, today, thanks to medical advancements, people live well into their 70s, and, in some countries, even into their 80s or 90s. Although this is a positive development, the reality is that chronic diseases are common among older people, and they will often require more nursing care. There simply aren't enough nurses to meet this growing demand.

III In addition, there aren't enough young nurses entering the field to replace the ones who are leaving. Many nurses take early retirement because of the increasingly stressful workload. "My friends and I retired early because of physical and emotional burnout[4]!" says Tracy Beckman, a London nurse. Today's youth prefer higher paying careers that offer better conditions and more flexibility. And for those who do choose nursing, there are not enough programs to train them.

IV Sadly, the shortage of nurses can lead to serious problems in healthcare. Fewer nurses means that each one has a greater workload, and that increases fatigue[5], which can lead to mistakes. "I've given patients the wrong medicine because I was tired and overworked[6]," admits Na'ama Grayson, a nurse in Be'er Sheva. "And many of my friends have made similar mistakes." In remote areas, the lack of available nurses can result in the closure of clinics, leaving many people without services at all.

V In light of the above, healthcare systems and governments must take immediate action. Governments should provide more funding[7] for nursing programs. Also, nurses should have higher salaries and better working conditions, as well as shorter shifts, so that they have the time and energy to properly care for each patient. It is also important to introduce technology like video conferencing in order to treat people in hard-to-reach areas. With these improvements, healthcare systems will be able to stem[8] the growing shortage of nurses and provide better healthcare for all.

LIVEWORKSHEETS

LIVEWORKSHEETS

GLOSSARY					
1. tirelessly	ללא לאות	4. burnout	שְׁחִיקָה	6. overworked	עבד קשה מידי
2. shortage	מחסור	5. fatigue	תשישות	7. funding	מימון
3. aging	מזדקן			8. stem	לבלום

B Answer the following questions.

1. What do we learn about nurses in paragraph I?
   i) Today, nurses are less needed than in the past.
   ii) Nurses are experiencing a shortage of equipment.
   iii) Nurses are greatly admired.
   iv) Nurses will be less important in the future.

2. What can you understand from the report by the International Council of Nurses? (paragraph I)
   COMPLETE THE SENTENCE.
   In the future, the shortage of nurses .....

3. What explains the fact that people today live longer in comparison to the past? (paragraph II)
   ANSWER: .....

4. Why do older people need nurses more often? (paragraph II)
   COMPLETE THE SENTENCE.
   They frequently .....

To help you answer question 5, go to TOP STRATEGIES on pages 15-16.

5. What do we learn about Tracy in paragraph III?
   i) Which of her friends took retirement first.
   ii) How she felt after she retired.
   iii) What caused her to quit her job.
   iv) How she can work without burnout.

6. What do lines 13-15 explain? (paragraph III)
   COMPLETE THE SENTENCE.
   These lines explain why .....

7. What do the words "similar mistakes" (line 19) refer to?
   COMPLETE THE SENTENCE.
   The nurses didn't .....

LIVEWORKSHEETS

8. Who is likely to suffer more from a shortage of nurses? (paragraph IV)

COMPLETE THE SENTENCE

People who .....

9. What are we told in paragraph V?

i) Nurses should take steps to improve the situation.

ii) The government should improve working conditions for nurses.

iii) Thanks to modern technology, there will be fewer patients.

iv) The nurses should be more professional.

PART II: LEXICAL KNOWLEDGE

C Match three of the words in each group to their definitions.

10

1. bean
2. expression
3. budget
4. export
5. atmosphere
6. commitment

____ promise or duty to do something
____ mood of a place
____ estimate of income and expenses

11

1. to estimate
2. to prevent
3. to reach
4. to flow
5. to broadcast
6. to illustrate

____ to provide an example or picture
____ to guess the approximate value of
____ to arrive at a place

12

1. roast
2. identical
3. keen
4. single
5. sharp
6. outstanding

____ very interested
____ not married
____ exactly the same

13

1. to drag and drop
2. to rely on
3. to switch off
4. to set out
5. to throw away
6. to take advantage of

____ to start a journey or task
____ to move an object on a computer screen
____ to get rid of

LIVEWORKSHEETS

14

1. justice
2. court
3. infection
4. mixture
5. engineer
6. edge

____ combination of two different things
____ fairness
____ end of a surface

TOP STRATEGIES

Choosing the Correct Option

In the Bagrut exam, there are multiple-choice questions about the text. The answers often start with words like "why," "where," "how many," etc. As you consider each option, write YES if you find the answer in the text or NO if you don't find the answer in the text. Then put a √ next to the correct answer/s.

PRACTICE THE STRATEGY

1 Erika Dunn, a college student, likes to ski in the Rocky Mountains. Last week she volunteered to track wolves[1] in these mountains for a research project. She works with an organization called Adventurers and Scientists for Conservation (ASC). The ASC connects outdoor sports lovers with scientists who need help in getting information from places that are hard to reach.

[1] wolves - זאבים

What do we learn from this paragraph?

i) Why Erika volunteers for research projects.
ii) Why researchers need people like Erika.
iii) Why scientists do research on wolves.
iv) Why adventurers are interested in conservation.

2 Street performers, known as buskers[1], are popular in many cities around the world. However, busking has its opponents as well. Store owners often complain that buskers are bad for business since they cause noise and commotion[2]. Consequently, in some cities there are laws about where and when buskers can perform and how loud their music can be. A few places have even made busking illegal, claiming that street performers take over public space for their own private purposes. Still, advocates[3] of busking claim that the performers do much more good than harm. Judging by their popularity with the public, most people would agree.

[1] busker - אומן רחוב (ככלן נגן) [2] commotion - המולה [3] advocate - תומך

LIVEWORKSHEETS

PRACTICE 1

What does the writer explain in this paragraph about the laws on busking?

i) Why they are needed.

ii) What happens when buskers break them.

iii) How successful they are.

iv) What buskers think of them.

3 Many people in New York have started keeping beehives[1] on the roofs of their apartment buildings. Some do it because they want to get closer to nature. Some also try to make a bit of money by selling honey to local restaurants. Seven years ago, the New York Police Department decided they needed an expert on bees. They hired Melissa Harper. "Most of the people who keep bees in the city are amateurs[2]," Melissa explains. "They don't have enough knowledge to do it properly and that's where the trouble begins."

[1] beehive - כוורת דבורים [2] amateur - חובב

What can we understand from this paragraph?

i) Why the New York police looked for an expert on bees.

ii) Why it is difficult to keep bees on city rooftops.

iii) How beekeepers in New York learn to care for the bees.

iv) How people can succeed in selling honey.

4 The Boston Public Library, built in 1848, is the oldest public library in the USA. Soon, however, people won't recognize it. The library is being given a totally new design. In addition to quiet reading rooms, there will be bright, open spaces where visitors can sit and have a cup of coffee. A new section for teenagers will have a snack bar, studios with the latest equipment for recording music, and even an area with exercise equipment.

What information is given in this paragraph about the Boston Public Library?
PUT A √ BY THE TWO CORRECT ANSWERS.

..... i) Why it was built.

..... ii) How soon it will open to the public.

..... iii) Why people won't recognize it.

..... iv) Which of its sections will be most popular.

..... v) Who will use it most.

..... vi) What it will offer visitors.

LIVEWORKSHEETS