

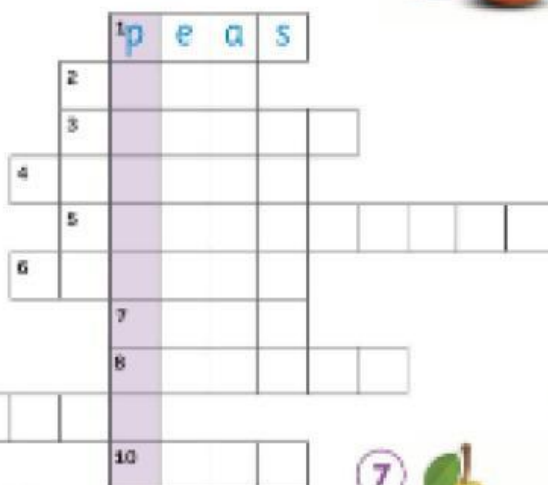


Let's stay healthy

Vocabulary



1 Look and write. What's the hidden food?



2 Look at Activity 1. Write.

- 1 Watermelons, lemons, _____ and _____ are types of fruit.
- 2 Onions, _____ and _____ are types of vegetable.
- 3 Some people put _____ on food to add flavour but it isn't very healthy.
- 4 Sweets and _____ contain a lot of sugar.

Remember!

a lemon → some / a lot of lemons
chocolate → some / a lot of chocolate



Talk to your family about your favourite and less favourite food.