

READING COMPREHENSION. American Football

The American type of football was developed in the 19th century from soccer and rugby football. Played by professionals, amateurs, college, high school, or young children, football in America is one of the most popular sports. It attracts millions of fans each fall and people are very supportive of their favourite teams. The origin or beginning of football



may have been a game played by the ancient Greeks called harpaston. In this game, there was no limit to the number of players. The ball was kicked, thrown, or run by the players and the object was to move a ball across a goal by kicking.

Each team has eleven players. Each team has offensive players (play when the team has possession of the ball) and defensive players (play when the other team has possession of the ball). Players are required to wear protective equipment to help keep the body safe during the game.

Helmets are worn to protect the head and face area. Pads are worn to protect the shoulders, arms, and legs. Protective equipment must be worn because of the body contact players have during the game.

The football is made of leather and is brown in colour. It is shaped much like an oval and has white rings near each end of the football. These rings help the players see the ball when it is thrown or someone is running with it. The eight stitches on the top of the football help players to grip or hold the ball when throwing or passing.

The most famous football game of the year is the Super Bowl that is played in January or February. It is televised around the world and is watched by millions of people each year.

ANSWER EACH OF THE FOLLOWING:

1. What is the most famous football game each year?

- a. the Georgia-Florida game*
- b. the Super Bowl*
- c. the Alabama-Auburn game*
- d. the Army-Navy game*

2. What shape is the football?

- a. rectangular*
- b. circle*
- c. triangle*
- d. oval*

3. Why are there white rings on each end of the football?

- a. to help players see the ball*
- b. to make it look nice*
- c. to help players score*
- d. to help players run*

4. Why do players need protective equipment during the game?

- a. to make their uniforms fit*
- b. to keep the body safe*
- c. to see the ball*
- d. to make touchdowns*

5. Who plays American football?

- a. professional players*
- b. college players*
- c. high school players*
- d. all of these*