

Name: \_\_\_\_\_

Class: \_\_\_\_\_

## UNIT 1: A LONG AND HEALTHY LIFE

### Looking back

#### A- PRONUNCIATION: Listen and tick the common pronunciation of the underlined auxiliary verbs.

1. Doctor: Have you been examined yet?

A. /hæv/

B. /hav/

Nam: Yes, I have.

A. /hæv/

B. /hav/

2.

Trainer: Can you do this exercise routine?

A. /kæn/

B. /kən/

Nam: Yes, I can.

A. /kæn/

B. /kən/

#### B- VOCABULARY: Use the following words to complete the sentences.

suffer

treatment

balanced

cut

work

1. We need to (1) \_\_\_\_\_ down on fast food if we don't want to (2) \_\_\_\_\_ from heart diseases in the future.

2. (3) \_\_\_\_\_ out regularly and having a \_\_\_\_\_ diet are the key to a healthy lifestyle.

3. Antibiotics are not used in the (5) \_\_\_\_\_ of diseases caused by viruses.

#### C- GRAMMAR

Task 1: Watch a video and answer the questions. Click the link below.

<https://edpuzzle.com/media/66efbc2713c746ffc16ce9ec>

Task 2: Circle the underlined part that is incorrect in each of the following sentences.

1. My grandfather has gone to hospital last month. He is fine now.

2. Life expectancy has been very low in the past. Now it is higher.

3. My father used to do a lot of exercise since he was young.

4. I was ill last week, and didn't do much exercise so far this week.