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★ALL STARS★
FEAR AT THE GRAND CANYON



Read and select the correct tense.
Past Simple or Present Perfect?
Listen and check!

A few years ago, I _____ the Grand Canyon and experienced something both exciting and terrifying: walking on the see-through glass floor of the Skywalk. It was one of the most thrilling things I've ever done, but I was also very nervous.

At the time, I _____ a strong fear of heights, and I was afraid of the idea of standing on glass hundreds of meters above the ground. I _____ like I could fall at any moment. Even though I _____ on tall buildings before, this experience was different. The clear floor _____ me feel like I was floating in the air, and the fear of death crept into my mind.

Now, I _____ back to the Grand Canyon several times since that first visit, and each time I feel a little less afraid. While I still suffer from my fear of heights, I _____ more confident with each visit. The first time, I _____ from just looking down, but now I can stand on the glass and enjoy the view. It's definitely something I _____ to handle better over time.

Even though my phobia hasn't completely gone away, walking on that see-through floor is one of the most amazing things I _____. Overcoming my fears little by little _____ each trip more enjoyable.

LISTEN!

ANSWER!

- **Did you ever avoid doing something because of your phobias?**
- **Have you ever thought about the fear of death while doing something exciting?**

LIVEWORKSHEETS