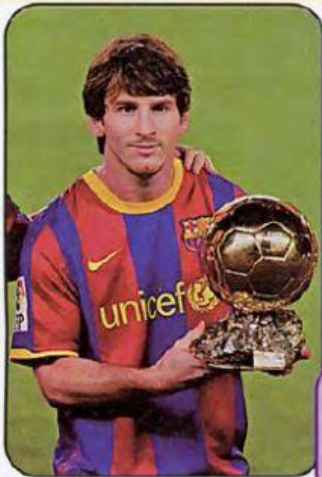


Remarkable People

UNIT
8

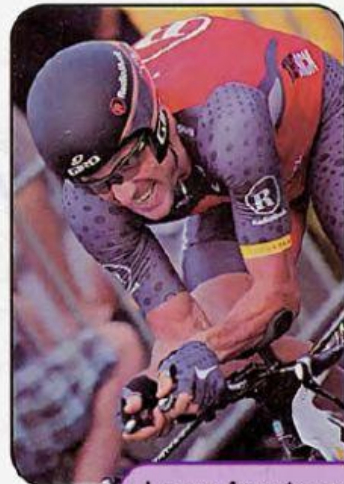


Jeanne Calment lived to be 122 years old. She met Vincent van Gogh.



Lionel Messi is a famous soccer player. He has started a charity¹ for children.

Chen Shu-chu (right) is a vegetable seller who doesn't earn much money, but has given a lot to charity.



Lance Armstrong is a famous cyclist. He also raises money for cancer research.

Getting Ready

Discuss these questions with a partner.

- 1 Look at the photos. Which people do you know?
- 2 The title of this unit is *Remarkable People*. Why are the people in the photos special?
- 3 In your opinion, which person is the most remarkable? Why?

¹ A **charity** is a group that raises money to help people.

Before You Read

What are you afraid of?

A Think about answers to these questions.

- 1 Read the sentence below. Then complete the second sentence to make it true for you.

I'm **afraid of** spiders. They make me very scared!

I'm afraid of . . .

- spiders heights (high places)
 the dark _____

- 2 Look at the title of the passage and the photo on the next page. What is the man doing? What do you think this passage is about?

**B Discuss your answers with a partner.****Reading Skill**

Understanding the Order of Events

Some passages tell us about an order of events. You often see dates, numbers, words, and phrases about time: *one day*, *still*, *later*, *then*, *today*. These words help you understand when something happened.

A Read the sentences below. Then put the events in the correct order from 1–5.**The Story of Alain Robert**

- ___ 1 a One day, Alain Robert returned home from school.
 ___ b He decided to climb the apartment building. He entered his house through an open window.
 ___ c Then in 2011, he climbed the Burj Khalifa tower in Dubai.
 ___ d Today, Robert still climbs buildings. In 2004, he climbed a building in Taipei.
 ___ e He didn't have his keys and couldn't enter his apartment.

B Quickly read the passage on the next page. Are your answers in correct?**C Now read the passage closely. Then answer the questions on page 100.**

Set your reading rate goal. As you prepare to read, set a reading rate goal. Use your data from the charts at the end of the book. Based on your previous performance, how many words-per-minute do you think you can read now? Time yourself and practice over and over until you've reached your goal.

A Real Life Superhero



Alain Robert climbs Burj Khalifa (828 meters) in Dubai.

As a child, Alain Robert was **afraid** of heights. One day, when he was 12, he returned home from school. At the front door of his building, he **looked for** his keys. He didn't have them. It was 3:30, and his parents worked until 6:00 p.m. Robert looked at his apartment on the eighth floor. He saw an open window. He closed his eyes and
5 pictured himself **climbing** the building. When he opened his eyes, he told himself, "I can do it." Fifteen minutes later, he was in his house, and his **fear** of heights was gone.

Today, Robert (a **native** of France) still climbs buildings. In 2004, he climbed Taipei 101 (the tallest building in the world at the time), and in 2011 he climbed the Burj Khalifa tower in Dubai. To **reach** the top of a building, Robert usually uses
10 only his hands and special shoes. To climb the Burj Khalifa tower, though, he was made to wear safety ropes.

Robert climbs as a hobby. He also does it to make money for charity (for children and the homeless¹). When he climbs, he wants to send a message to people. If you have a dream—something you really want to do—it can become real. But you
15 must be **brave** and keep trying. If something bad happens, don't **give up**. Close your eyes and tell yourself, "I can do it."

¹ The homeless are people who don't have homes.

Reading Comprehension

Check Your Understanding

A Choose the correct answers.

- 1 What is the main idea of this passage?
 - a Climbing buildings is easy.
 - b Robert is afraid of heights.
 - c You can control your fears.
- 2 When Robert climbs a building, he usually uses _____.
 - a special tools
 - b his hands and special shoes
 - c his hands only
- 3 Robert climbs for two reasons. What are they?
 - a for fun and for his health
 - b for charity and for his job
 - c for charity and for fun
- 4 If you feel afraid of doing something, what is Robert's advice?
 - a Tell yourself: "I can do it."
 - b Practice doing it alone first.
 - c Find something else you love to do.

B Read each pair of sentences. Which event happened first, a or b? Check (✓) your answer.

- 1 a Robert looked for his keys.
 b Robert looked at his apartment.
- 2 a Robert closed his eyes.
 b Robert saw an open window.
- 3 a Robert's fear of heights was gone.
 b Robert imagined climbing the building.
- 4 a Robert climbed a building in Dubai.
 b Robert climbed Taipei 101.



Critical Thinking

- ### C
- 1 What do you think about Robert? Why?
 - 2 At the end of the passage, Robert gives some advice. What is it? Do you agree with this advice?

- A** Read the sentences below. Check (✓) true (T) or false (F). If the statement is false, change it to make it true. The words in blue are from the passage.

	T	F
1 If you are afraid of something, you like it.		
2 You look for your wallet if you can't find it.		
3 If you climb a tree, you go down.		
4 Fear is a good feeling.		
5 If you are native to a place, you have just moved there.		
6 If you reach a place, you arrive there.		
7 If you give up smoking, you start smoking.		
8 A brave person is afraid of many things.		

- B** Complete the sentences below with your ideas. Discuss your answers with a partner.

- I think _____ is a brave person because _____.
- Something that I'd like to give up is _____.
- When I am afraid of something, I usually _____.

- A** Read the sentences below. Circle the words that are synonyms for the blue words.

- As a child, Robert was afraid of heights. His friends went rock climbing, but he didn't go. He was too scared.
- Robert looked for his keys. He searched his backpack and his jacket, but he couldn't find them.
- When Robert climbs, he uses no rope. This is not safe. "Yes, it's dangerous," he says, "but it is also interesting."
- Once, Robert fell 15 meters. The doctors said, "You must stop climbing." But he didn't quit.

- B** Complete the sentences below with a circled word from A. You might have to change the form of the word or phrase.

- Don't drive so fast in this rain. It's _____!
- My father _____ smoking two months ago.
- Tom: Mary, what are you doing?
Mary: I'm _____ for my glasses. I can't find them.
- Carlos is very brave. He's not _____ of anything.

Vocabulary Comprehension

Words in Context

Vocabulary Skill

Synonyms

Synonyms are words with similar or the same meanings (for example, *like* and *enjoy*). Learning synonyms is a good way to increase your vocabulary and improve your writing.

Before You Read

What's for lunch?

Reading Skill

Scanning

You *scan* to find information fast. When you scan, you only look for the information you need (words or numbers). You don't read every word.

A Think about answers to these questions.

- 1 Do you bring your lunch to school or work, or do you eat at a restaurant?
- 2 Look at the passage on the next page and answer the questions.
 - a What do you know about India? Can you name any Indian cities?
 - b Look at the photo and the word in the search box. What do you think a *dabbawallah* is?

B Discuss your answers with a partner.**A Read the questions and answers below.**

- 1 What do the dabbawallahs do?
 - a They work in restaurants.
 - b They deliver lunches.
- 2 What is another name for the dabbawallahs?
 - a the Mumbai Men
 - b the Tiffin Men
- 3 How many dabbawallahs are there?
 - a 5,000
 - b 200,000
- 4 Which sentence about the dabbawallahs is true?
 - a They are poor.
 - b They like to read.
- 5 What do some dabbawallahs also do?
 - a They teach classes.
 - b They work in companies.

B Now scan the passage on the next page to find answers to the questions in A.**C Look at the question at the start of the passage. Discuss with a partner. Use your answers in A.****D Now read the whole passage. Then answer the questions on page 104.**

Your Questions Answered!

You have questions? We have the answers!

Type your question here:

Dabbawallah: from Hindi¹ meaning *lunchbox deliveryman*. Dabbawallahs are sometimes also called *Tiffin Men*.

Description

- 5 It's lunchtime in Mumbai, India (population: 12 million), and students and businesspeople around the city have to make a choice. Should they go to a restaurant or eat a hot lunch from home?
- 10 Today, many can choose the second **option**, thanks to² the dabbawallahs.



- Every day, 5,000 dabbawallahs **deliver** 200,000 lunches to people all over Mumbai. The dabbawallahs work together. They **pick up** a person's lunch from his or her house (or a
- 15 restaurant). They put the hot lunch in a special box (called a *tiffin*). Then they bring the lunch to the person's office or school by lunch time. The men travel long **distances** (many kilometers a day) on bicycle, train, and foot to deliver the lunchboxes on time.



a tiffin

- 20 Many of the deliverymen are poor. Most cannot read. They use a special **system** of colors and lines to write a person's name and address on a lunchbox.

- There are many **challenges** (traffic,³ bad weather, long distances), but the men are very **organized**. On average, for every 6 million lunches they deliver, they make fewer than one **mistake**! The dabbawallahs do so well that some teach classes at business schools
- 25 around the world!

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¹ **Hindi** is one of the official languages of India.

² If something happens **thanks to** a person or thing, it happens because of that person or thing.

³ **Traffic** refers to all the cars, etc. on the roads in a particular area.

Reading Comprehension

Check Your Understanding

A Choose the correct answers.

- The dabbawallahs _____ .
 a make a person's lunch at home
 b cook food at a restaurant
 c pick up a person's lunch from their house
- The dabbawallahs use colors and lines to show a person's name and address on their lunchbox. Why?
 a It's fast and easy.
 b They cannot read.
 c Their boss tells them to.
- When the dabbawallahs deliver lunches, which problem do they NOT usually have?
 a traffic b long distances c wrong addresses
- The dabbawallahs make _____ mistakes.
 a no b very few c a lot of

B Read the sentences below. Check (✓) true (T) or false (F). If the statement is false, change it to make it true.

	T	F
1 Mumbai is a city with two million people.		
2 The dabbawallahs deliver lunches by car.		
3 Every day, the dabbawallahs deliver 10,000 lunches.		
4 Some dabbawallahs teach business classes.		

- ### C
- In your opinion, are the dabbawallahs remarkable people? Why or why not?
 - Are there people like the dabbawallahs in your country? What do they do?



Critical Thinking

Vocabulary Comprehension

Words in Context

A In each sentence, (circle) the best answer. The words in blue are from the passage.

- The mail carrier **delivers** mail to your house. This means he or she _____ your mail.
 a brings b takes away
- Simone **picks up** her children after school. This means she _____ school.
 a takes the children from b brings the children to
- It's a long **distance** from Spain to _____ .
 a France b Japan
- There is a **system** for finding a word in a dictionary. All words are listed _____ .
 a from A to Z b in any order
- Reading a book _____ is a **challenge** for many people.
 a in another language b in your own language

