

Read about Sheila and complete the activities.

Sheila usually wakes up at 7 a.m. and always has breakfast at 7:30 a.m. Then, she goes to work every day. She often comes home at 6 p.m. and sometimes watches TV. Finally, she goes to bed at 10 p.m.

Choose the correct answer.

1. What time does she usually wake up?
 - a) 6 a.m.
 - b) 7 a.m.
 - c) 8 a.m.
2. How often does she have breakfast?
 - a) Always
 - b) Sometimes
 - c) Never
3. What does she do after coming home from work?
 - a) Go to bed
 - b) Watch TV
 - c) Cook dinner

Fill in the Gaps

Complete the gaps using the words from the box:

sometimes - every day - finally - often - always

1. She wakes up at 7 a.m. and _____ has breakfast at 7:30 a.m.
 2. She goes to work _____.
 3. She _____ comes home at 6 p.m.
 4. She _____ watches TV.
 5. She goes to bed at 10 p.m. _____.
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