NEW KID *at school?*

Going to school in a new town can be pretty stressful. Believe me, I know from experience. Not to worry though, there are ways to get through it! Here are a few tips I've come up with. I hope they help!

A When you go in on your first day at your new school, remember that not everyone is as scary as they seem. Those first few hours are always a bit rough, but don't be afraid or shy. Just go for it! It's nearly always true that most people are nice once you have a chance to talk to them.

B It's likely that your teachers will introduce you to your new classmates, but make sure you personally introduce yourself to the student sitting next to you. Looking for something to talk about? Don't worry! Being new is a great topic. People seem to love talking about where you're from and the school you used to go to.

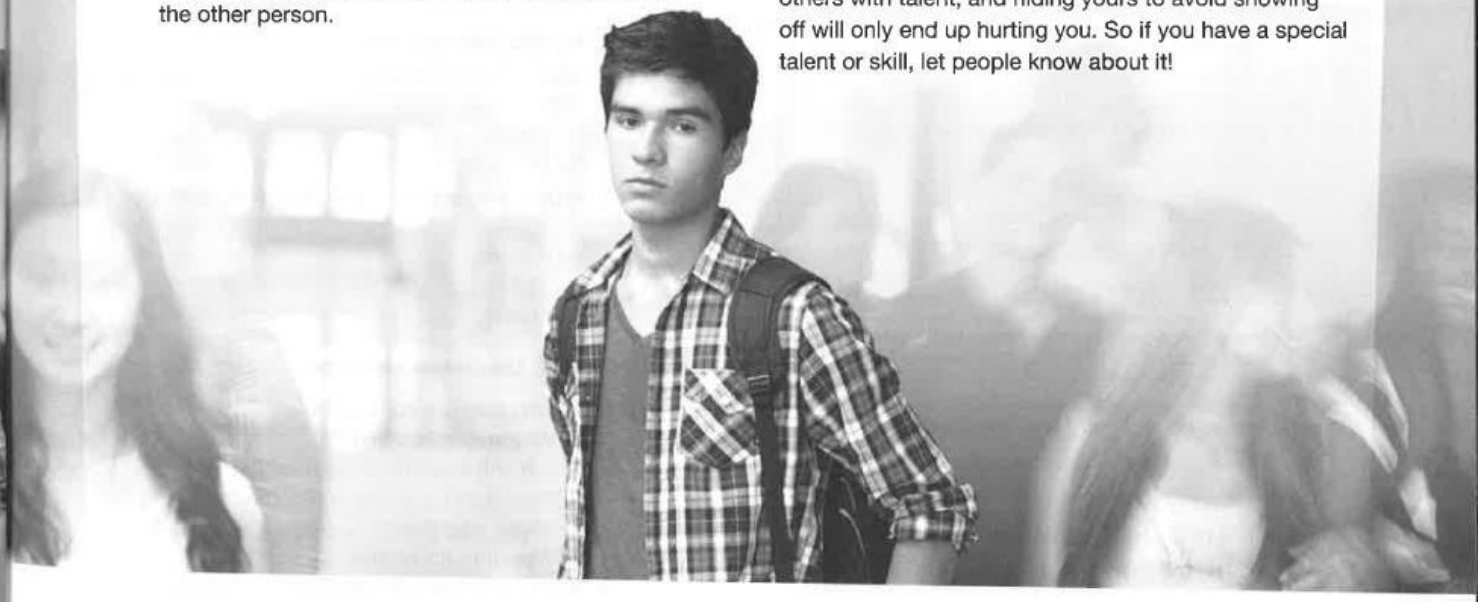
C Take time to learn the names of other people, and don't forget to take an interest in the person you're talking to. It shows that you're not just concerned about yourself, but also learning about the other person.

D It sounds obvious but it really works: make eye contact with others, smile at them when they look at you and laugh when they say something that's amusing to you. It makes you seem open and easy-going.

E Nobody expects you to know everything about your new school the first day you walk in. It's highly probable that your new school will be totally different from the one you just came from. If you have a question, ask it! Don't forget that everyone is new at some point.

F Whether you're entering a new school at the beginning of the year or in the middle, the best way to meet new people is by joining in activities like clubs and sports. After school is a time when students with similar interests get together and it's an ideal way to introduce yourself.

G If you're good at a certain sport or do well in a certain subject, don't be shy – show it! People are drawn to others with talent, and hiding yours to avoid showing off will only end up hurting you. So if you have a special talent or skill, let people know about it!



4 **Complete the summary sentences.**

0 People might seem scary at first, but *most people are nice when you talk to them.*

1 The fact that you are new can help you _____

2 It's a good idea to try to remember _____

3 You can let people know you are friendly by _____

4 You should ask questions about your new school because _____

5 The best way to meet new friends is _____

6 Don't be afraid to let others know if _____

5 **Match the highlighted words and phrases in the text to the definitions.**

1 attracted _____
2 perfect _____
3 think of (an idea or plan) _____
4 likely _____
5 difficult or unpleasant _____

LIVEWORKSHEETS