

Questionário sobre o artigo: "Yellow September: Get to Know the Movement and Its Actions"

<https://en.rennylab.ind.br/blog/setembro-amarelo-conheca-o-movimento-e-as-suas-acoes/>

1. What is the main purpose of the Yellow September campaign?
 - a) To promote mental health education.
 - b) To raise awareness about suicide prevention.
 - c) To encourage people to wear yellow.
 - d) To celebrate World Health Day.

2. According to WHO, how many suicides can be prevented?
 - a) Eight out of ten suicides.
 - b) Nine out of ten suicides.
 - c) Seven out of ten suicides.
 - d) Ten out of ten suicides.

3. What is the first preventive measure for suicide, according to CVV?
 - a) Counseling.
 - b) Emotional support.
 - c) Education.
 - d) Therapy.

4. How can people contact CVV for help?
 - a) By phone, email, or chat.
 - b) By visiting their office.
 - c) By mailing a letter.
 - d) By sending a message on social media.

5. What number should people call to speak with CVV?
 - a) 100
 - b) 911
 - c) 188
 - d) 150

6. Why was September chosen for this campaign?
 - a) It is the month of mental health awareness.
 - b) It celebrates World Suicide Prevention Day on September 10th.
 - c) It marks the beginning of autumn.
 - d) It was chosen by the WHO randomly.

7. What does the color yellow represent in this campaign?
- a) Sadness.
 - b) Happiness.
 - c) Life, light, and the sun.
 - d) Warning signs.
8. Who was Mike Emme, and why is he significant to the campaign?
- a) He was the founder of CVV.
 - b) He was a young man who took his life, driving a yellow car.
 - c) He created the Yellow September movement.
 - d) He was a psychologist who worked on suicide prevention.
9. What does the article suggest about discussing suicide prevention?
- a) It should only be discussed in September.
 - b) It is essential to talk about it all year long.
 - c) It should be a topic for professionals only.
 - d) It should be avoided in schools.
10. What is the main symbol of the campaign?
- a) A yellow flag.
 - b) A yellow ribbon.
 - c) A yellow car.
 - d) A yellow flower.