

**Questionário sobre o artigo: "Yellow September: Get to Know the Movement and Its Actions"**

<https://en.renylab.ind.br/blog/setembro-amarelo-conheca-o-movimento-e-as-suas-acoes/>

1. What is the main purpose of the Yellow September campaign?

- a) To promote mental health education.
- b) To raise awareness about suicide prevention.
- c) To encourage people to wear yellow.
- d) To celebrate World Health Day.

2. According to WHO, how many suicides can be prevented?

- a) Eight out of ten suicides.
- b) Nine out of ten suicides.
- c) Seven out of ten suicides.
- d) Ten out of ten suicides.

3. What is the first preventive measure for suicide, according to CVV?

- a) Counseling.
- b) Emotional support.
- c) Education.
- d) Therapy.

4. How can people contact CVV for help?

- a) By phone, email, or chat.
- b) By visiting their office.
- c) By mailing a letter.
- d) By sending a message on social media.

5. What number should people call to speak with CVV?

- a) 100
- b) 911
- c) 188
- d) 150

6. Why was September chosen for this campaign?

- a) It is the month of mental health awareness.
- b) It celebrates World Suicide Prevention Day on September 10th.
- c) It marks the beginning of autumn.
- d) It was chosen by the WHO randomly.

7. What does the color yellow represent in this campaign?

- a) Sadness.
- b) Happiness.
- c) Life, light, and the sun.
- d) Warning signs.

8. Who was Mike Emme, and why is he significant to the campaign?

- a) He was the founder of CVV.
- b) He was a young man who took his life, driving a yellow car.
- c) He created the Yellow September movement.
- d) He was a psychologist who worked on suicide prevention.

9. What does the article suggest about discussing suicide prevention?

- a) It should only be discussed in September.
- b) It is essential to talk about it all year long.
- c) It should be a topic for professionals only.
- d) It should be avoided in schools.

10. What is the main symbol of the campaign?

- a) A yellow flag.
- b) A yellow ribbon.
- c) A yellow car.
- d) A yellow flower.