NAME:..... G7-TEST 11 UNIT 3-MARKS:.....

I. Choose the best answer a, b, c, or d to complete the sentence.

1. The Japanese eat _____, so they have high life expectancy.
A. good B. healthily C. little rice D. unhealthy

2. Drinking unclean water can cause _____.
A. pollution B. homesick C. polluted D. sickness

3. Healthy food and exercise help us _____ fit.
A. keep B. not keep C. feel D. feeling

4. My uncle is a _____. He doesn't eat meat or fish.
A. monks B. librarian C. vegetarian D. balance diet

5. Bad habits like eating too much sweetened food and going to bed late _____ harmful to our health.
A. aren't B. are C. was D. has been

6._____ can increase the risk of heart disease and diabetes.
A. good food B. no fat C. obesity D. healthy food

7. I'm _____ to shellfish, so I can't eat lobster and shrimp.
A. allergic B. afraid C. excited D. happy

8. I got _____ during my beach vacation.
A. cold B. sunburn C. hot D. heat

9. Lack of vitamin E can cause skin diseases and _____.
A. obesity B. poverty C. hungry D. tiredness

10. The symptoms of the disease include fever and _____.
A. headache B. cold C. temperature D. runny nose

11. Fruit tastes good _____ it's healthy for your body.
A. so B. but C. or D. and

12. My sister feels pain in her ear. She has _____
A. earache B. toothache C. sore throat d. headache

13. She looks very tired. She should work _____ or she will get sick.
A. well B. less C. more D. enough

14. She stays in _____ by exercising daily and eating well.
A. health B. fit C. size D. shape

25. Don't sit too close to the screen, _____.
A. and you'll hurt your eyes B. so you can see more clearly
C. or you'll get a headache D. but it's bad for your health

II. Fill in each blank with a suitable verb.

help water pick up develop exchange clean donate recycle

1. _____ the school yard
2. _____ food and money
3. _____ vegetables
4. _____ old people
5. _____ the litter
6. _____ plastic bottles
7. _____ the project
8. _____ old clothes for books

III. Choose the phrases that match the pictures below

Homeless people	**Clean the streets**	**Plant trees**	**Disabled people (người khuyết tậ**
Volunteer work	**Elderly people**	**Flooded area**	**Donate blood**

			
1.	**2.**	**3.**	**4.**
			
5.	**6.**	**7.**	**8.**

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IV. Match

1.plant		**a. the health**	**1.**
2.recycle		**b. clothes and money**	**2.**
3.improve		**c. relatives and friends**	**3.**
4.clean		**d. rubbish**	**4.**
5.collect		**e. old and weak people**	**5.**
6.donate		**f. trees**	**6.**
7.help		**g. the streets**	**7.**
8.visit		**h. old bottles**	**8.**

V. Complete the sentence with the correct form of the word provided

1. We have just seen an ……film. **INTEREST**
2. George looks ……because he has a bad mark. **HAPPY**
3. Does he enjoy……stamps? **COLLECT**
4. ……people have no home to stay in. **HOME**
5. He is a volunteer because he is willing to help other people without……**PAY**
6. My idol is a famous ……in the world. **ACT**
7. Be ……..……! The dishes are going to fall. **CARE**

VI. Complete the phrases under the pictures with the verbs below.

pick up **clean** **donate** **recycle** **help**








1. …….. 2. ……. 3. ……. 4……. 5……..

litter **homeless children** **plastic bottles** **clothes** **the playground**

VII. Compete the sentences with the correct words or phrases below.

old people **homeless children** **planted** **litter** **taught**

1. We collected clothes and gave them to …….
2. Those students picked up all the …….. on the street.
3. We helped …….. in the nursing home last Sunday.
4. The club members ……Maths to primary students during school holidays.
5. We …….. a lot of trees in the park last summer.

VIII. Circle the correct word to complete the sentences.

1. He is very rich. He wants to build a house for **homeless / unkind** people.

2. Mai often helps the **young / old** people. 3. We pick **up / on** litter around our school.

4. Her grandmother lives in the **park / nursing home** to be cared for.

5. I donated some books to the **rich / poor** children yesterday.

6. She **learns / tutors** maths to the kids in the neighborhood.

7. They **collect / raise** blankets and clothes for charity.

8. She always **helps / gives** the old people cross the road. **9.** They **buy / exchange** rice for meat.

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10. Tom plants lots of flowers. He **drinks / waters** them every day.

IX. Circle the odd one out.

1.	A. donate	B. provide	C. food	D. encourage
2.	A. clean	B. street	C. house	D. wall
3.	A. clothes	B. educate	C. blood	D. money
4.	A. money	B. blood	C. donate	D. waste
5.	A. homeless	B. disabled	C. people	D. poor

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