

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Class: \_\_\_\_\_

1 Complete the text with the words in the box.

heartbeat reflexes hitting sneezing hot pull yawning

### Brain power

A reflex is an involuntary action that your body does in response to something. Our brain controls involuntary actions, which means we don't have to think to make them happen. For example, if you touch something <sup>1</sup> \_\_\_\_\_, your brain makes you <sup>2</sup> \_\_\_\_\_ your hand away fast. The part of the brain that controls this is called the medulla. Other involuntary actions include <sup>3</sup> \_\_\_\_\_ when we are tired or <sup>4</sup> \_\_\_\_\_ when we have a cold or an allergy to something. It also controls our <sup>5</sup> \_\_\_\_\_. A doctor can check the <sup>6</sup> \_\_\_\_\_ in your knee by <sup>7</sup> \_\_\_\_\_ them gently with a small hammer. The reflexes in your knees are important for keeping your balance.

