

Cambridge Global English 5
Unit 5.1: Do you have a good memory?

Name: _____ Date: _____ Class: _____

1 Complete the text with the words in the box.

heartbeat reflexes hitting sneezing hot pull yawning

Brain power

A reflex is an involuntary action that your body does in response to something. Our brain controls involuntary actions, which means we don't have to think to make them happen. For example, if you touch something ¹ _____, your brain makes you ² _____ your hand away fast. The part of the brain that controls this is called the medulla. Other involuntary actions include ³ _____ when we are tired or ⁴ _____ when we have a cold or an allergy to something. It also controls our ⁵ _____. A doctor can check the ⁶ _____ in your knee by ⁷ _____ them gently with a small hammer. The reflexes in your knees are important for keeping your balance.

