Name: .....

No: .....

Date: .....

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ALL SORTS 6- UNIT 2: LIFESTYLE

GRAMMAR: ZERO CONDITIONAL/ FIRST CONDITIONAL

Activity 1: Conditional Sentences classification

Read each sentence below and determine whether it is a

- **zero conditional** (used for **general truths** or **scientific facts**) or
- **first conditional** (used for **real and possible situations** in the future).

Write "**Zero Conditional**" or "**First Conditional**" next to each sentence

Example: If you drink too much alcohol, you get a headache.

- Classification: **zero conditional**

1. **If she eats too much sugar, she will feel tired later.**

- Classification: _____

2. **I won't go to school, if my arm is broken.**

- Classification: _____

3. **If you do not exercise regularly, you will gain weight.**

- Classification: _____

4. **You will pass your exams if you study hard.**

- Classification: _____

5. **If you wash your hands, you won't get sick.**

- Classification: _____

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6. **If you brush your teeth twice a day, you avoid cavities.**

- Classification: _____

Activity 2: Order the words to make *FIRST CONDITIONAL*

Example: you / fall over / If/ you / will / hurt yourself.
→ If you fall over, you will hurt yourself.

1. get burned. / If / you / touch / will / hot things

→ ……

2. you / don't drink enough water / if / you / feel tired / will / dehydrated./ and

→ ……

3. you / If / sugar/ too much/ eat / feel tired / will / and / gain weight/ you

→ ……

4. you / vegetables/enough/don't/ If/ eat / get sick / will / you / and / feel weak

→ ……

5. leg/ have/ broken / if / you / a/ you / see/ to/ need/ will/and// a doctor/ use/ a cast.

→ ……

Activity 3: Write full sentences with the given following words

Example: hurt/finger/ go/ doctor (specific)

→ If I hurt my finger, I will go to the doctor.

1. feel/ sick/ go/ pharmacy (general)

→ ……

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2. break/ elbow/ get/ X-ray (general)

→ ……

3. have/ bruises and swelling/ apply ice wrapped in a cloth (specific)

→ ……

4. get/burned/ run/ cool water/ over the burned area. (general)

→ ……

5. cut/ my finger/ rinse the cut/ put on bandage (specific)

→ ……

Activity 4: Complete the sentences, using ZERO CONDITIONAL (general consequences)

1. If you don't brush your teeth regularly, ……
2. If you eat a lot of fruits and vegetables, ……
3. If you exercise every day, ……
4. If you only sleep 5 hours a day, ……
5. If you skip breakfast regularly, ……

LIVEWORKSHEETS