

Exercise 1: Listen and fill in the blank

get good marks
Nhận điểm tốt

a good idea
ý kiến hay

Study
Học

a clear desk
bàn học gọn gàng

tip
Mẹo, lời khuyên

books and pens

three things
3 thứ

know
biết

a quiet place
Nơi yên tĩnh

thirty minutes
30 phút

Move
di chuyển

lucky
May mắn

my bedroom

Hours
tiếng

lots of breaks

arms and legs
Cánh tay và chân

number three
Số 3

Think
Nghĩ

Paper
giấy

have a break

important
Quan trọng

Ben: You always _____ at school. You're _____! I study but I don't always get good marks.

Katy: I'm not lucky! I _____ how to _____. I always do _____. Do you want to know them?

Ben: Yeah, please!

Katy: OK, number one. Always study in _____.

Ben: I usually study in _____. It's very quiet.

Katy: Number two. Have _____!

Ben: Right. A clear desk. My desk isn't clear. There are lots of _____ and _____ on it.

Katy: Well, that isn't very good!

Ben: What's _____?

Katy: Have _____. I always study for _____. Then I _____ for five minutes. I _____ my _____ and drink some water. Then I study again for thirty minutes.

Ben: I never have a break. I sometimes study for two or three _____.

Katy: That isn't _____! It's _____ to get up and move your body.

Ben: OK. Thanks. Next time I _____ I can get good marks!