

LISTENING AND READING COMPREHENSION ACTIVITY 9°

Pages 99 and 100- English Please!

Listen to a conversation between a doctor and a patient who has completed a healthy eating questionnaire. Choose the correct option A, B or C.

1. What does the doctor think is good about Manuela's diet?
 - A. She seems to eat a lot of chips.
 - B. She drinks a lot of water.
 - C. There's some information missing.
2. What does Manuela say about chips?
 - A. She eats three or four plates of chips every day.
 - B. She'd like to eat fewer chips.
 - C. She loves them - especially with ketchup and salt.
3. What does the doctor say about fizzy drinks?
 - A. You don't need to have them.
 - B. He loves fizzy drinks.
 - C. You only need orange juice.
4. How is Manuela confused about a balanced diet?
 - A. She eats too much unhealthy food and too much healthy food.
 - B. She thinks it means eating the same amount of healthy and unhealthy food.
 - C. She thinks it means getting the right balance across the food groups.
5. What does the doctor tell Manuela to do?
 - A. He doesn't think she understands.
 - B. He tells her to see the correct balance.
 - C. He tells her to have less unhealthy food and drink.

Complete the dialogue with the phrases in the box. Then listen to check your answers.

a bowl of - a bottle of - do you like - Good afternoon - I'd like some chicken - I'm hungry too



Adam: I'm hungry. What about you? Would you like some food?

Paula: Yes, (1) _____. Great idea!

Adam: What kind of food (2) _____? Are you a healthy eater?

Paula: Well, I try to eat healthy food most of the time.

Adam: This café is great as it has a good selection of fresh, healthy food.

Paula: OK. Let's try it.

Waiter: (3) _____. Are you ready to order?

Adam: Yes, I think so.

Waiter: Would you like a starter?

Adam: I'd like (4) _____ vegetable soup, please.

Paula: And I'd like some salad, please.

Waiter: Would you like a drink?

Adam: Shall we share (5) _____ sparkling water?

Paula: Good idea.

Adam: Then I'd like some fish. What else would you like?

Paula: I don't like fish. I think (6) _____, please. What does it come with?

Waiter: You can have some rice, chips or vegetables.

Adam: I'd like some vegetables, please.

Paula: Me too.

Waiter: OK.