

1 READING & VOCABULARY

housework, *make or do*?

- a Read the headlines. The same word is missing in each one. What do you think it is?

1 Doing _____ is as good as going to the gym

Adapted from the British press

Doing exercise for 30 minutes a day is good for your health, a new Canadian study has found. The study looked at 130,000 people in 17 countries. Only 3% of the people did 30 minutes of sport a day, like running or swimming. But the researchers found that you don't need to do sport or go to the gym – any form of physical activity is good for you, including housework. Activities like doing the cleaning are really good exercise, so you can stay healthy and have a clean house at the same time.

2 NEW SPANISH LAW: children must help their parents with _____

Adapted from the British press

Is it a battle to get your kids to help with housework? Think about moving to live in Spain, where the government has decided that children under the age of 18, both boys and girls, have an obligation to 'participate in family life' – and that includes doing housework. However, they don't say what happens to children who say no when their parents ask them to do something.

Your comments

- 1 A Maybe housework is good exercise, but sport is more fun.
B My children all do housework – I don't need the government's help.
C Great idea. More countries need to do this.
D This can't be true. 30 minutes of cleaning and 30 minutes of running are not the same thing.
E Nice idea, but impossible in real life.
F I hate exercise, but I also hate housework. What can I do?

- b Read the articles and check. Then read the online comments and match A–F to articles 1 or 2. Which comments do you agree with?
- c Look at article 1 again. Which verb goes before *housework*, *sport*, and *the cleaning*?
- d **V** p.154 **Vocabulary Bank** Housework, *make or do*?

2 SPEAKING

Answer the questions in pairs.

Your country

- Do men and women both do housework? Who does more? Do you think this is fair?
- In a typical family how much housework do teenagers do? What kind of jobs do they do?
- What housework do you think younger children (e.g. seven- and eight-year-olds) can do?

You

- Who does the most housework in your house or flat? Is everyone happy with this? Do you ever argue about it?
- What housework do you do? How often do you do it?
- What housework do you hate doing? What don't you mind doing?
- Is there any housework you enjoy doing? Do you ever find housework relaxing?
- Have you done any housework today? What?

3 GRAMMAR

present perfect + yet, just, already

- a Look at the pictures and read the conversations. Then complete them with a past participle from the list.

been broken come done
finished made put started

- 1 A Have you finished the washing-up?
B Not yet.
A Have you _____ it?
B Er...yes.
A What's that noise? Have you _____ something?
B Sorry. Only a glass.

- 2 A What's for dinner?
B I don't know. I haven't _____ anything. I've just _____ home.
A Is there anything in the fridge?
B Not much. I haven't _____ to the supermarket yet.
A Oh!
B Maybe you can go?

