



3.7

WRITING

Describing daily routine

I can write about daily routine.

1 Complete the blog with the words below.

after (x2) at because (x2) do
don't finish it lot so then (x2)

My day

I'm a swimmer. I love ¹it! A swimmer needs to do a ² of practice and my days are very busy, ³ every morning I get up at 5.00 – yes, 5.00! I ⁴ have a big breakfast but I drink a cup of tea. ⁵ my dad takes me to the swimming pool. I get there ⁶ 5.30 exactly. I train for two and a half hours. Then I have a shower and dad takes me home again. I have a big breakfast with the family at 8.30. ⁷ that I cycle to school. Lessons ⁸ at 4.30. ⁹ I go swimming again for an hour and a half, from 4.45 to 6.15. ¹⁰ swimming I go home and have dinner. I ¹¹ my homework in my room and then, at about 8.00, I watch some TV or play some computer games. I go to bed early, at 9.00, ¹² I'm tired and it's 5.00 again the next morning! I swim a lot ¹³ I want to be a famous swimmer!



2 Read the blog again. Complete the table.

Time	Activity
5.00	¹ get up
²	arrive at swimming pool
³	finish training
8.30	⁴
4.30	⁵
4.45	⁶
⁷	finish swimming
8.00	⁸
9.00	⁹

3 Add the words in brackets to the sentences. Sometimes you need to join the sentences. Sometimes you need to change the order of the sentences.

- I get up. I have a shower.
a (then) I get up. Then I have a shower.
b (after that) I get up. After that I have a shower.
c (after) After I get up, I have a shower.
- We have Maths. We have English.
a (then) _____
b (after that) _____
c (after) _____
- I have dinner. I play on my computer.
a (then) _____
b (after that) _____
c (after) _____
- I want to pass my exams. I work hard.
a (so) I want to pass my exams, so I work hard.
b (because) I work hard because I want to pass my exams.
- I help my friend with her English homework. She isn't very good at English.
a (so) _____
b (because) _____
- I live near my school. I walk to school in the morning.
a (so) _____
b (because) _____

4 Think of someone you know who has a different daily routine from you. Copy the table from Exercise 2 and complete it with information about him/her.

5 Write about the person's daily routine. Remember to do these things.

- Use your table from Exercise 4.
- Order the activities with *then*, *after that* and *after*.
- Give reasons with *so* and *because*.