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Technology in Everyday Life



In our daily lives, technology plays a very important role. We wake up to the sound of an alarm on our phone, a device that we carry with us all day. It not only tells us the time but also keeps us connected with friends and family. Through messages and calls, we share news and plan our days.

During breakfast, many of us read the news on a tablet or listen to music from a streaming service. The smart fridge in the kitchen tells us when we are running low on milk or eggs. It is clear that gadgets and machines are very helpful in our homes.

When we leave the house for work or school, we might use a car that helps us find the way. The GPS system uses satellites to show the best route on a screen. Buses and trains also use technology to run on time and keep passengers safe. It is easy to see that travel has become faster and more comfortable because of technology.

At work, almost everyone uses a computer to do their tasks. We send emails instead of letters and create documents without using any paper. Meetings are often held through video calls, and this allows people to work together from different places. It saves a lot of time and makes communication easier.

After work, many people relax by watching shows on a flat-screen TV or playing games on a console. The internet gives us access to a huge amount of films, songs, and games. We can enjoy these alone or share them with others, even if they are far away.

Before going to bed, we might read a book on a digital reader that can hold hundreds of books in one place. We set the next day's alarm on our phone and go to sleep. Technology is with us from the moment we wake up until we go to bed. It makes our lives easier and brings us closer to the ones we love.

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Reading Comprehension Exercises

True / False / Not Given

1. Our phone alarm is used to wake us up and keep in touch with others.

2. Reading the news during breakfast is done only with tablets.

3. The smart fridge can suggest when to buy more milk or eggs.

4. Cars and buses utilize technology to arrive faster to destinations.

5. Every worker must send emails and avoid using paper at work.

6. Video calls at work allow people to communicate from various locations.

7. People only watch shows on TV after work.

8. Technology offers us many entertainment options like movies and games.

9. Gadgets only make communication easier and do nothing else.

10. Digital readers can be used for holding many books and setting alarms.

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Multiple Choice

1) What is the role of technology in our daily lives according to the text?
   A) It makes life more complicated.
   B) It helps us stay in touch with loved ones.
   C) It replaces our need for friends.
   D) It causes us to wake up late.

2) How do smart fridges contribute to our home life?
   A) They cook meals for us.
   B) They make us go shopping more often.
   C) They tell us when we need to buy more milk or eggs.
   D) They watch TV with us.

3) What makes traveling faster and more comfortable according to the text?
   A) Walking to our destinations.
   B) Using maps made of paper.
   C) Having better shoes.
   D) The utilization of technology in vehicles.

4) In what way does technology change how we work?
   A) We use more paper than before.
   B) Technology prevents us from having meetings.
   C) We send emails and work together through video calls.
   D) It makes work impossible to do.

5) What does technology allow us to do after work?
   A) Only read printed books.
   B) Watch shows on TVs and play games on consoles.
   C) Disconnect completely from any form of entertainment.
   D) Travel to different places instantly.

6) Why might people use digital readers before going to bed?
   A) They can hold hundred of books in one place.
   B) They prevent people from sleeping.
   C) They are uncomfortable to hold.
   D) They can only display pictures.

7) What is the primary function of a GPS in a car?
   A) To make the car drive faster.
   B) To play music for the driver.
   C) To control the car's temperature.
   D) To show the best route on a screen.

8) How has the way we send news to others changed with technology?
   A) We send letters more frequently.
   B) We only use sign language.
   C) We communicate through messages and calls.
   D) We only talk face-to-face.

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