

1. Choose the correct word (A, B or C) to fill in each blank in the following passage.

My school has a number of volunteer activities every summer. The activities include donating books to village children, (1) _____ kids in the neighborhood, teaching English to primary students, reading books or cooking food for the (2) _____. Our school started this programme five years ago. Every student can join one or two activities. In the beginning, we thought about (3) _____ we should join in these activities. We then thought about what (4) _____ we wanted to do. Those who like reading could choose to collect and donate (5) _____. Those who are good at English could (6) _____ primary students. Finally, we signed up for the activities we chose. Our teachers often encourage us to (7) _____ committed. They also help us when we need it. We have a lot of fun and learn many things from (8) _____ the activities.

1. A. tutor

B. tutored

C. tutoring

2. A. rich

B. needy

C. young

3. A. what

B. when

C. why

4. A. activities

B. jobs

C. work

5. A. clothes

B. books

C. vegetables

6. A. learn

B. talk

C. tutor

7. A. live

B. stay

C. work

8. A. doing

B. working

C. playing

2. Read the text and do the exercises.

People first used the word ‘volunteer’ in 1795, but in England, there were at least 500 volunteer hospitals long before that. The YMCA in London became the first volunteering organization in 1844. It provided help to **needy people** and held classes to help people develop skills. The Red Cross became the first international **charity organization** in 1863. Volunteer work is becoming more and more **popular** in the world. For example, in the USA, about one-fifth of the population does volunteer work. In Europe, thousands of volunteer programmes are run in different countries.

Everyone can do volunteer work to help their **community**. Volunteer activities include donating food and clothes, joining clean-up projects, tutoring children, protecting wild animals, etc. Volunteers work not for money but to help people in need and to **connect** with others.

a. Match each word or phrase highlighted in the text with its meaning.

1. needy people	a. to link, join things or people together
2. charity organization	b. an organization for helping people in need
3. popular	c. people who need help, poor people
4. community	d. a group of people living in a place
5. connect	e. like or enjoyed by a large number of people

b. Choose T(True) or F(False)

1. People first used the word “volunteer” in the 18th century.
2. The YMCA held classes that taught people skills
3. The Red Cross is an American charity organisation.
4. Volunteers work to help and connect with others.
5. One example of volunteer work is donating clothes.

3. Read the passage and answer the questions by circling A, B or C.

Choosing to volunteer takes up some of your time. Some people say that they do not have time to help others, so they don't volunteer. But scientists say giving time to help others benefits us.

The first benefit of volunteering is that it helps us learn to be flexible. Volunteers have to be ready for changes and stay flexible when solving problems. Second, volunteering can improve our health because it requires us to be active. A report found that Americans who volunteer 100 hours or more a year are the healthiest people in the country. Third, volunteers have opportunities to develop more relationships. They often work in teams, and team members get to know each other and sometimes even become friends. Moreover, volunteers often help needy people, so they may feel thankful for what they have. For these reasons, volunteers are generally positive and are less likely to become depressed.

So if you have not joined a volunteer activity yet, think about it. You are likely to benefit from doing so.

1. What is the main idea of the passage?

- A. There are different types of volunteer activities.
- B. What to expect when you do volunteer work.
- C. There are some good reasons why you should do volunteer work.

2. Which is **NOT** true about volunteers?

- A. They are the strongest and most active.
- B. They are flexible thinkers.
- C. They are generally more positive.

3. Which is a benefit of doing volunteer work?

- A. You will have a happier family.
- B. You can have more friends.
- C. You will never feel unhappy.

4. Why are volunteers often more positive?

- A. They are the healthiest people in the country.
- B. They stay active.

C. They often feel they are luckier than others.

5. How many benefits are mentioned in the passage?

A. Two.

B. Three.

C. Four.

6. What is the purpose of the passage?

A. To tell people not to join volunteer activities if they don't have the time.

B. To encourage people to do some volunteer activities.

C. To explain the steps you should follow when you join volunteer activities.