

First Conditional – Future Clauses – Practice

Complete the sentences with the present simple and *will* + infinitive.

- 1 If you imagine (imagine) eating a certain food, you 'll lose (lose) interest in it.
- 2 Unless you _____ (cut out) poor food choices, you _____ (increase) the risk of heart disease.
- 3 Jade _____ (feel) less tired when she _____ (cut down) on computer time in the evenings.
- 4 If you _____ (not overcook) the vegetables, they _____ (have) more flavour.
- 5 I _____ (join) the running club as soon as I _____ (get) my new shoes.
- 6 Before Tina _____ (go on) a diet, she _____ (have) to change her lifestyle a bit.

Match the two parts of the sentences.

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|--|----------|
| 1 You'll feel proud of yourself | <u>e</u> |
| 2 Tom will complain to the manager of the restaurant | _____ |
| 3 I'll make something healthy for us to eat | _____ |
| 4 I won't order anything | _____ |
| 5 You'll start to feel less stressed | _____ |
| 6 You won't feel healthier | _____ |

- a before you arrive at the restaurant.
- b until you start doing some exercise.
- c if you learn some relaxation techniques.
- d if the service continues to be so bad.
- e ~~as soon as you manage to change your eating habits.~~
- f when I get home from work.

Circle the correct option.

- 1 If / Before you add too much salt, the food won't taste very nice.
- 2 If it *won't be* / *isn't* too expensive, I'll order the fresh fish at the restaurant this evening.
- 3 *Until* / Unless you have other plans, I'll meet you in the staff restaurant for lunch.
- 4 It will take some time *as soon as* / *before* you see results from this type of diet.
- 5 Unless you *don't reduce* / *reduce* your salt intake, you'll risk high blood pressure.
- 6 We aren't really hungry, so we won't eat *unless* / *if* we can order just a starter.
- 7 Until *you'll cut down* / *you cut down* on the heavy meals at night, you'll have sleeping problems.