



Preparation

Match the vocabulary with the correct definition and write a–h next to the numbers 1–8.

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|----------------------------------|---|
| 1..... advice | a. nervous and worried |
| 2..... last but not least | b. to be strongly attracted to doing something |
| 3..... to be tempted | c. a good or full amount |
| 4..... anxious | d. the act of doing something again |
| 5..... plenty | e. an opinion or recommendation about what someone should do |
| 6..... repetition | f. a short walk around your local area |
| 7..... a stroll around the block | g. to put something over something so that you can't see it |
| 8..... to cover something up | h. an expression used before the last thing in a list, to say that it is equally as important |

1. Check your understanding: multiple choice

Circle the best option to complete these sentences.

- The teacher wants the students to ...
 - take notes after she has finished speaking.
 - take notes while she is speaking.
 - forget about taking notes.
- The teacher suggests eating ...
 - sugary snacks.
 - only apples.
 - fruit and cereals.
- The teacher suggests finding a study place with a lot of ...
 - light.
 - space.
 - books.

4. If students feel stressed they should ...
 - a. go to bed.
 - b. go out for a walk.
 - c. drink some water.

5. Students are advised to ...
 - a. select the important things to learn.
 - b. read through everything once.
 - c. make notes about every topic.

6. The teacher understands that repeating things can be ...
 - a. difficult.
 - b. uninteresting.
 - c. tiring.

7. Students can do past exam papers ...
 - a. in the library only.
 - b. at home if they take photocopies.
 - c. in the after-school study group.

8. The teacher recommends a break of five minutes every ...
 - a. hour.
 - b. two hours.
 - c. thirty minutes.

9. It's important to ...
 - a. eat regularly.
 - b. sleep when you feel tired.
 - c. keep hydrated.

10. The teacher is sure that the students will ...
 - a. pass their exams.
 - b. fail their exams.
 - c. do their best.