

First Aid - Bleeding

A. What can you do to help someone with the nosebleed?

Fill in the blanks

1. Ask them to sit down and lean their head _____
2. _____ the soft part of their nose for 10 minutes.
If still bleeding, pinch the nose again for 10 minutes.
3. Give them a _____
4. Once bleeding has _____, advise them to _____
and not to _____ their nose
5. Call emergency if bleeding is severe or fails to stop after _____ minutes.

B. Number the images to show which step they belong to.

