

# Discussion Questions

Answer the following questions.

Try to give as much detail as you can with examples or stories

What is your favorite dish to cook at home? Why is it your favorite?

1 -

Have you ever attended a cooking class? What did you learn?  
If not, what recipe would you like to learn?

2 -

Have you ever grown your own food? If not, would you ever try growing your own food?  
3 -

Do you prefer cooking at home or eating out? Why?

4 -

What is a food you didn't like as a child but enjoy now?

5 -

# Discussion Questions

Answer the following questions.

Try to give as much detail as you can with examples or stories

What are some traditional foods in your family? How is your family's food different?

6

How do you decide what to eat each day?

7

What's the best meal you've ever had?

8

How important is it for you to eat healthy? How do you do this?

9

Your question:

10