



Adverbs of frequency

We can use adverbs of frequency to say how often we do something.

1. True or false?

Read and circle true or false for these sentences.



I **always** go to the cinema on Sunday mornings. I **usually** go with my friends but I **sometimes** go with my parents. I **always** take sweets with me but I **usually** buy a drink there. I **never** get popcorn because I hate it!



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|---|-------------|-------|
| a. He always goes to the cinema on Sundays. | <u>true</u> | false |
| b. He always goes with his friends. | true | false |
| c. He never takes sweets with him. | true | false |
| d. He usually buys a drink there. | true | false |
| e. He sometimes gets popcorn. | true | false |

2. Choose the answer!

Read the sentence. Circle the correct answer.



- a. I _____ do my homework after school. Every day! **never / always / usually**
- b. He _____ goes swimming. He can't swim! **never / sometimes / always**
- c. We _____ have pizza for dinner. Just once a week! **always / sometimes / usually**
- d. They _____ watch TV in English. They love it! **never / sometimes / usually**
- e. I _____ talk to strangers. It's a really bad idea! **sometimes / always / never**
- f. She _____ goes to the park on Sundays. Every Sunday! **never / always / usually**
- g. We _____ get up at 7.00. Every day except the weekend. **usually / never / always**
- h. I _____ have cereal for breakfast. I don't like it! **usually / sometimes / never**



3. Answer the questions!



Write your answers to the questions.

a. How often do you have toast for breakfast?

b. How often do you go to the park in the rain?

c. How often do you get up before 7.00?

d. How often are you late for school?

e. How often do you watch TV in the evening?

4. Write and draw!

Where do you like going? How often do you go there? Draw a picture and write about it like in exercise 1!


