

- Listen to different people talking about their guilty pleasures, tick the options that were mentioned



- ☐ Watching a TV show you wouldn't usually admit to liking.
- ☐ Following an actor or celebrity others might find surprising.
- ☐ Rewatching a favorite childhood show or movie.
- ☐ Indulging in junk food (e.g., chips, candy).
- ☐ Eating comfort foods that don't match your usual diet.
- ☐ Snacking late at night.
- ☐ Engaging in an unconventional or "embarrassing" hobby.
- ☐ Spending hours on a pastime others might not understand.
- ☐ Enjoying a solitary activity you don't often share with others.



Find the expressions to....

Anna: So, Mark, do you have any guilty pleasures? You know, those little things you enjoy but maybe shouldn't?

Mark: Oh, definitely. I'm a huge fan of late-night snacks. I probably grab something unhealthy around twice a week, give or take.

Anna: Late-night snacks? That sounds so tempting. What do you usually go for?

Mark: Well, it's usually something like chips or cookies. But, let's just say I have a soft spot for chocolate.

Anna: I hear you! I have a guilty pleasure too— I am mad about binge-watching TV shows. I do it more or less every weekend.

Mark: That's awesome. What shows do you watch?

Anna: Hmm... I'd rather not say how many episodes I watch in one sitting. It's a bit embarrassing.

Mark: No judgment here! I totally understand. For me, it depends on the week. Some weeks I'll indulge more, others less.

Anna: Yeah, I get that. My habits are somewhere between being a total couch potato and being productive. But I wouldn't change it—I enjoy it too much!

Give an approximate idea

Avoid answering

Prompt: "What's your guilty pleasure TV show?"

Response: "_____. It's something I really enjoy, but it's definitely not what you might expect!"

Prompt: "Can you tell me about a book you feel embarrassed to admit you like?"

Response: "Well, it's a bit of a hidden gem. I think it might surprise you, but _____."

Prompt: "What's a food you secretly love but wouldn't usually tell people about?"

Response: "It's something you wouldn't find in any fancy restaurant, _____"

Prompt: "Do you have a favorite music genre that others might find surprising?"

Response: "It's not the kind of genre that's on everyone's radar, _____."

Prompt: "What's a hobby you enjoy that you don't usually share with others?"

Response: "_____. It's more of a personal escape for me."

Prompt: "Can you share a guilty pleasure food that you indulge in from time to time?"

Response: "_____ but it's not something I'd bring up in casual conversation."

Prompt: "What's a celebrity you find oddly fascinating but don't often talk about?"

Response: "_____."

- Use the expressions to answer the questions, feel free to include extra details

Expressions to give an approximate idea

1. *Around*
2. *More or less*
3. *Somewhere between*
4. *Give or take*

Expressions to avoid answering

1. *I'd rather not say*
2. *It depends*
3. *Let's just say*
4. *Not as much as I used to*



- Use the expressions to answer the questions.

a. "How often do you indulge in your guilty pleasure TV show?"

Response: "somewhere between ..."

b. "How much time do you spend on your guilty pleasure hobby?"

Response: "It depends on ..."

c. "What's your favorite guilty pleasure food, and how often do you eat it?"

Response: "Let's just say .."

d. "Can you describe the last time you indulged in your guilty pleasure activity?"

Response: "Let's just say"

e. "How would you rate your guilty pleasure movie compared to others in the same genre?"

Response: "It's not as much as I used to enjoy it, but...."

f. "How frequently do you find yourself listening to your guilty pleasure music genre?"

Response: "It depends on my mood, but I'd say...."

g. "How much do you enjoy your guilty pleasure app or game compared to other ones you use?"

Response: "Let's just say ..."

h. "How often do you engage in your guilty pleasure food or drink?"

Response: "It's not something I keep track of precisely. More or less,"

i. "How has your interest in your guilty pleasure changed over time?"

Response: "It's not as much as I used to enjoy it. More or less, it has tapered off a bit, give or take."

