

- Listen to different people talking about their guilty pleasures, tick the options that were mentioned



- Watching a TV show you wouldn't usually admit to liking.
- Following an actor or celebrity others might find surprising.
- Rewatching a favorite childhood show or movie.
- Indulging in junk food (e.g., chips, candy).
- Eating comfort foods that don't match your usual diet.
- Snacking late at night.
- Engaging in an unconventional or "embarrassing" hobby.
- Spending hours on a pastime others might not understand.
- Enjoying a solitary activity you don't often share with others.



Find the expressions to....

Anna: So, Mark, do you have any guilty pleasures? You know, those little things you enjoy but maybe shouldn't?

Give an approximate idea

Mark: Oh, definitely. I'm a huge fan of late-night snacks. I probably grab something unhealthy around twice a week, give or take.

Anna: Late-night snacks? That sounds so tempting. What do you usually go for?

Mark: Well, it's usually something like chips or cookies. But, let's just say I have a soft spot for chocolate.

Anna: I hear you! I have a guilty pleasure too— I am mad about binge-watching TV shows. I do it more or less every weekend.

Avoid answering

Mark: That's awesome. What shows do you watch?

Anna: Hmm... I'd rather not say how many episodes I watch in one sitting. It's a bit embarrassing.

Mark: No judgment here! I totally understand. For me, it depends on the week. Some weeks I'll indulge more, others less.

Anna: Yeah, I get that. My habits are somewhere between being a total couch potato and being productive. But I wouldn't change it—I enjoy it too much!

Prompt: "What's your guilty pleasure TV show?"

Response: " _____ . It's something I really enjoy, but it's definitely not what you might expect!"

Prompt: "Can you tell me about a book you feel embarrassed to admit you like?"

Response: "Well, it's a bit of a hidden gem. I think it might surprise you, but _____."

Prompt: "What's a food you secretly love but wouldn't usually tell people about?"

Response: "It's something you wouldn't find in any fancy restaurant, _____"

Prompt: "Do you have a favorite music genre that others might find surprising?"

Response: "It's not the kind of genre that's on everyone's radar, _____."

Prompt: "What's a hobby you enjoy that you don't usually share with others?"

Response: " _____ . It's more of a personal escape for me."

Prompt: "Can you share a guilty pleasure food that you indulge in from time to time?"

Response: " _____ but it's not something I'd bring up in casual conversation."

Prompt: "What's a celebrity you find oddly fascinating but don't often talk about?"

Response: " _____ "

- Use the expressions to answer the questions, feel free to include extra details

Expressions to give an approximate idea

1. Around
2. More or less
3. Somewhere between
4. Give or take

Expressions to avoid answering

1. I'd rather not say
2. It depends
3. Let's just say
4. Not as much as I used to

LIVEWORKSHEETS



- Use the expressions to answer the questions.

a. **"How often do you indulge in your guilty pleasure TV show?"**

Response: " somewhere between ..."

b. **"How much time do you spend on your guilty pleasure hobby?"**

Response: "It depends on ..."

c. **"What's your favorite guilty pleasure food, and how often do you eat it?"**

Response: "Let's just say .."

d. **"Can you describe the last time you indulged in your guilty pleasure activity?"**

Response: Let's just say"

e. **"How would you rate your guilty pleasure movie compared to others in the same genre?"**

Response: "It's not as much as I used to enjoy it, but....."

f. **"How frequently do you find yourself listening to your guilty pleasure music genre?"**

Response: "It depends on my mood, but I'd say...."

g. **"How much do you enjoy your guilty pleasure app or game compared to other ones you use?"**

Response: "Let's just say ..."

h. **"How often do you engage in your guilty pleasure food or drink?"**

Response: "It's not something I keep track of precisely. More or less,"

i. **"How has your interest in your guilty pleasure changed over time?"**

Response: "It's not as much as I used to enjoy it. More or less, it has tapered off a bit, give or take."

 **LIVEWORKSHEETS**